SPRING 2020

EXECUTIVE COUNCIL

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PAST PRESIDENT Bob O'Malley MEd, ATC, OTC, CES Excelsior Orthopedic

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SECRETARY Carrie Burke MAT, ATC Orthopedic Associates of Long Island

CALL-IN EVENT MAY 12 READ MORE





THE PRESIDENT'S REPORT



Jeff Sage, MS, ATC, CSCS, PES

This is normally the time of year that we are in full swing with our legislative agenda in Albany, looking toward the end of the academic year, gearing up for the NYSATA Conference and making plans for the NATA convention not to mention embracing the warmer weather so we may enjoy some outdoor leisure activities. Instead, for the past 60+ days or so, our sense of normal has dramatically changed. Our common vocabulary now includes: "Coronavirus"; "Unprecedented"; "Fluid situation"; "Pandemic"; "Quarantine"; "Uncharted waters"; and "Stay-at-home orders". These are just some of the words and phrases that have dominated the airwaves, newscasts, and daily press conferences over the past two months.

At this point, it is difficult to quantify the impact COVID-19 has had on our membership, other than stating the obvious that it has impacted **ALL** of us. The postponement and cancellation of organized sports, shuttering of schools, transitioning education to online platforms and closures of non-essential businesses to name a few ways. As a result, NYSATA members have been furloughed, directed to work from home, and others have been reassigned by their employer to do tasks they may never have imagined. There are a great many of our members that work in the traditional college/university, high



NATA Clinical Symposia & AT Expo

Last week, NATA announced that, in lieu of an in-person NATA Clinical Symposia & AT Expo, it will host a virtual format of the convention this summer. NATA has posted a FAQ to address questions you may have related to this news and where you can submit other questions. The FAQs will be updated as answers to your questions are available.

school and clinic outreach settings that have literally been sidelined as a result of the postponement and cancellation of all organized sports. The uncertainty surrounding the return to these settings and the potential economic loss is no doubt a major concern. As we start to develop plans and policies to return and reopen as per Governor Cuomo's 12-step plan to reopen NYS by region and the NCAA "Core Principles to Resocialization of Collegiate Sports", there are still more questions than answers. Direct fallout from the COVID-19 pandemic has been the cancellation of NYSATA's two largest in-person events: Lobby Day and NYSATA Annual Conference. The quest for state licensure remains very much alive. We are still looking to capitalize on the momentum of our "Get In the Game" campaign that launched in January. Even though we were not able to hold our planned Lobby Day in April, our Governmental Affairs team is evaluating plans on holding a virtual Lobby Day. Since many of us have become well acquainted with video conference platforms over the past few weeks, the logistics of such an endeavor is dependent upon the status of the legislators at the capital or in their home districts.

As a result of the NY PAUSE order and the uncertainty of mass gathering restrictions, we also had to make the decision to cancel the NYSATA Annual Conference scheduled for June 5-6 in Schenectady. The Executive Council and Conference Committee are reimagining the conference format and investigating options to provide educational content to our membership. More information to come on both of these events.

I am pleased to report a few new additions to the NYSATA Executive Council:

Jenny Petruzzo - Region 5 Representative Jarett Rhoads – Region 6 Representative Lauren Stephenson – President-Elect

Since there was only one nomination for each of these positions, each person was confirmed by the Executive Council. I want to thank Courtney Grey (Region 5) and Chris Yartym (Region 6) for their years of service to NYSATA in fulfilling their roles as Representatives to their respective regions.

This also brings us to the "Changing of the guard" in June. It will be at this time NYSATA will have a three way movement in the Presidential

posts. I will move to Past-President; Roy Flores will become the next NYSATA President and Lauren Stephenson will become President-Elect. I would be remiss if I did not thank Bob O'Malley for the past 6-years of service in the NYSATA Presidential structure. He continually brought his extensive knowledge from his years of experience with the EATA to NYSATA. He will be missed as a trusted advisor and voice at the top of the NYSATA Executive Council. I am confident that Bob will stay engaged with NYSATA in some way.

As the sun sets on my final weeks as NYSATA President, we continue to search and ponder what our "new normal" will look like. It very well may include masks and use of other PPE, physical distancing, and reduced density. With the 24-hr news cycle, internet and social media we are truly learning to live with this virus on a minute-by-minute basis. Rest assured we will know more tomorrow than we know today. We need to stay abreast to the federal, state and local guidelines, mandates and executive orders as they are updated. Your specific role in screening, testing, tracing and isolating patients at your place of employment may not yet be defined. I have every confidence that our membership will carry out said functions with the highest regard for patient health and safety as well as your own wellbeing.

I have the utmost respect and gratitude for those frontline health care and other essential workers that have continued to show up every day throughout this health crisis to ensure uninterrupted services despite the risk to their own health. Lastly, thank you to the NYSATA members, your family members and friends that have served in these roles to assist the greater good throughout the pandemic.

Stay safe and be well.



Conference & Program Aimee Brunelle, MS, ATC, EMT - Chair

As you have heard, the NYSATA Annual Conference has been postponed. Once we have a better understanding of how/when our state will reopen, we will make plans to develop a program for NYSATA membership. This may be in one or more forms – an in-person conference, regional workshops, or online webinars.

We will be certain to update you when we have more information.

In the meantime, a conference sponsor – Rothman Orthopaedics – is offering a virtual sports medicine symposium on Friday May 15th, with 3.75 free CEUs. Visit The 15th Annual Sports Medicine Symposium for more information and to register.

CALL FOR NOMINATIONS History Chair PR Co-Chair

Send all nominations, including self-nominations, to Jeff Sage, NYSATA President.



On February 28, 2020, over 200 athletic trainers and athletic training students flooded Times Square outside of Good Morning America to kick off National Athletic Training Month for the 8th Annual NATM in NYC. #NATM2020 was represented on over 100 signs and banners in the background of the broadcast promoting that *ATs Impact Healthcare Through Action*.

In attendance this year were representatives from:

- New York: Collins Sports Medicine Hofstra University LIU Brooklyn NYSATA NYU NYU Langone/Winthrop Hospital Stony Brook University Syosset High School
- New Jersey: ATSNJ Kean University Montclair State University Seton Hall University Red Bank Regional HS

Delaware: University of Delaware Pennsylvania: California University of PA West Chester University Lock Haven University East Stroudsburg University

Other: NATA District 2 DCATA

This event began in 2012 with Lauren Stephenson, MA, ATC and 30 students/faculty/staff from Stony Brook University, and has grown to over 200 athletic trainers and students from the entire east coast. While this year presented its own set of challenges, and we were missing some of our regular attendees from previous years, we surely made an impact on the ABC and GMA broadcasters, staff and audience, as well as all of the visitors in Times Square. This is an event that many athletic training programs and athletic trainers have made part of their annual NATM tradition and their pride in the profession and the event is evident through their signs, banners, expressions, cheers, chants, and even singing. Lauren Stephenson looks forward to organizing this event and can not wait to get even more athletic trainers to flood The Today Show and Good Morning America next year. If you are interested in attending NATM in NYC in 2021 please follow @ NATMinNYC on Facebook or email Lauren at her new email address.





Secondary Schools

Jarett Rhoads, MSEd., ATC, CSCS - Chair

Greetings Secondary School Athletic Trainers!

I hope that you are all doing well and staying safe in these unprecedented times. We have never seen anything like this in the majority of our lifetimes. In turn, I have been amazed at how so many athletic trainers have adapted and overcome to continue having influence

and communication with their student athletes or by completely changing course and using our skill set to help the fight against COVID-19.

I would like to take a moment to recognize a few secondary school athletic trainers for their efforts. Please join me saluting them.

Jackie Coyne and Aimee Brunelle started a joint athletic training twitter account for Colonie HS & CBA (@C3AT2) to post daily tips and exercises for their student athletes. Rick Knizek at Shenendehowa (@Shensportsmedic) is doing this as well.

Stephen Tozer at Syosset High School in Long Island has been doing a multitude of things to stay connected with his student athletes and community:

- o Virtual team meetings to address sports medicine concerns
- o Setting up "Telehealth" to assess concerns of athletes
- Set up a two-day virtual conference for student athletes and coaches for their mental health concerns
- Volunteering his services to play bagpipes for private funerals or "drive-by wakes."

I am certain there are many more examples of secondary school athletic trainers out there going above and beyond. I want to hear about it! Please let me know what you or your colleagues are doing.

Additionally, as we progress through 2020, the NYSATA Secondary School Committee would like to send a huge **THANK YOU** for previously completing Athletic Training Locations and Services (ATLAS) Project Survey, a joint initiative of the Korey Stringer Institute (KSI), the NATA, and the NATA Secondary School Athletic Training Committee. More information about ATLAS can be found at the KSI ATLAS Project, NATA and NYSATA websites.

On November 12, 2019, KSI posted the 2018-2019 ATLAS Report followed by the print version in the Journal of Athletic Training on November 19, 2019. Once again, KSI has supplied excellent, detailed, information with regard to athletic training services access to secondary schools nationwide. This valuable data is being used in a multitude of ways to help promote our profession and increase the safety of our young athletes.

For purposes of comparison, 64% of the secondary schools in New York state have access in some form to athletic training services while 66% of the secondary schools in the United States have access. I think we can all agree that these percentages are much lower than we would like them to be. In order to continue moving forward and progressing towards the level of access that is needed, we must first ensure that the data is as accurate as possible.



ATLAS NEEDS YOUR HELP:

- First, confirm your school listing here on our state maps
- If listed as "No Survey or Needs Updating" this means we do not have a survey for your school or you need to retake the 2019-2020 academic year survey. We ask that you take 10 minutes of your time to complete the ATLAS survey using this link.
 - Also, ATLAS will now consider you "Updated" if you have taken the survey within the past two years from August 1, 2019 and you will be considered "Updated" through the next academic year 2020-2021 so please consider marking your calendar to retake ATLAS after August 1 of 2021.
- If you are listed as "Updated" thank you, we are currently processing your request and please take a look at the surrounding schools in your league or region and help by reporting inaccuracies and encourage your fellow ATs to complete ATLAS for your state.
 - Again, you will be considered to be "Updated" through the next academic year 2020-2021 so please consider marking your calendar to retake ATLAS after August 1 of 2021.
- If you have changed schools please email us to remove you from your old school and please indicate if your previous school still has AT services. We also ask that you take the survey for your new school.
- If you no longer work at a high school, please email us to remove you and please indicate the name of the school you worked at and the state. Also, if you know that your previous school still has AT services and the name or contact of the new AT that would be very helpful.

Finally, it is with bittersweet emotions that I will be stepping down as the Secondary Schools Committee Chair and moving into the NYSATA Region 6 Representative position. I am excited about furthering our profession in this new role, but will definitely miss having a direct impact on the athletic trainers' working in the secondary school setting.

We have made many strides in the last few years raising awareness of athletic training coverage in the secondary school setting with the community, school administrators and the New York State Public High School Athletic Association. The creation of the KSI ATLAS program has been instrumental in providing reliable data to help in that cause.

I feel we have only just begun, and it is important we continue this current trajectory moving forward. In the meantime, until a new Secondary Schools Committee Chair is announced, I will continue to be of service and assistance to my fellow Secondary School Athletic Trainers. Please do not hesitate to contact me.

Please take care of yourselves and your family. Be well.



Governmental Affairs Report Aimee Brunelle, MS, ATC, EMT Deanna Errico, PT, DPT, ATC Co-Chairs

Like many of you, the Government Affairs committee and lobbyist are in a bit of "a holding pattern". There is a fine balance between advocating for our bill, and seeming insensitive to the pandemic and the tragedies that surround it. The days we had scheduled for our legislative workshop and for Lobby Day came and went this past week....we cancelled the workshop and nearly 80 meetings that had been scheduled between legislators and athletic trainers. Lobby Day itself however, has been

postponed because we intend to hold a "virtual lobby day" (more to come about that).

Legislators finished up the budget at the end of March/early April, and went on break until the end of April, however, when they reconvene, they will do so in a virtual manner. Likely they will continue to focus on the budget as changes may be necessary secondary to progression of COVID-19 impacts. We can expect that much of their effort will still primarily focus on fallout from the pandemic, however, we have and will continue to strike a delicate balance of respectful advocacy and providing education to the legislature, the Department of Health, Executive Chamber and public regarding the profession and the skills we bring to the equation, both in times of crisis and the "norm."

We continue to work with the public relations firm Buzz Media Solutions to help show the public how ATs are health care providers, how our skill set is important and can be adapted to different needs, particularly in this pandemic, and especially in downstate New York State, where the infection has been focused and virulent. If you have adapted your work during this time, and have a story to share, we would be eager to hear from you. We know of groups in Ithaca, Hudson Valley, West Point, and Albany areas who are making a difference. Thank you!

Meanwhile, we will continue to forge through this period of limbo. The latest version of our bill is ready to be printed in the Assembly (B version) and Senate (A version). We will let you know when it is appropriate to contact your legislators to promote the newest amended version of our AT bill.

What can you do? The legislators continue to be open to hear from constituents, and as soon as our amendments have been introduced, it is appropriate for your voice to reinforce our messaging. Once we have a better idea of the legislative timing, and our bill (currently May S5127/ Solages A5499A) is through bill drafting, we will contact you to ask you to connect with your own legislators, and we will need all of you to make these contacts.

Seek Group Support via District Call-In Events May 12, 2020 | 12:00 PM ET

ATs Care Call-In Events are to provide NATA Members a virtual opportunity to express reactions to the pandemic and to provide education, resources and strategies for coping with the responses to the critical incident stress. We are here to support you while you continue to support your family, friends, colleagues, student-athletes and patients. Please RSVP to District 2's Event below.

RSVP for District 2's ATs Care Call-in Event



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NYSATA Legislative Update

Karin Carreau, Carreau Consulting



Staying in the Game

The novel coronavirus, COVID-19, has created chaos and disruptions in the legislative process just as it has in every aspect of life across the state and country. Until mid-March, the session was proceeding with business as usual, albeit with less glad handing, and new precautions. Capitol hallways remained bustling with lobbyists, advocates and

stakeholders until two members of the Assembly tested positive. Within twenty-four hours, life quickly changed for legislators, their staff and lobbyists alike, as the capitol was closed to non-essential staff and all visitors – shifting all of our work to the phone lines and internet. As the days proceeded, the news became more dire; reported cases grew exponentially and the stock market began ricocheting like an EKG mid-heart attack. All legislative focus shifted to COVID-19 management and completion of a budget by the end of the month.

The crisis added to an already dire budget situation. We had begun the legislative session with a \$6 billion deficit. By the closing bell on March 31, the reported stock market losses coupled with a three-month extension of income tax filings led the State's Budget Director to project an additional estimated loss of \$10 to \$15 billion in revenue. On April 3, at 3:00am, the legislature passed the last patchwork quilt budget bill with an expectation of revisiting it soon. Surprisingly, one of those last bills included language granting unprecedented and broad powers to the Budget Director to make across the board adjustments throughout the coming fiscal year. The power will allow for adjustments for revenue that does not materialize and holds out hope for federal aid. Reevaluation of the budget will take place during three periods - April 1, 2020 through April 30, 2020, May 1, 2020 through June 30, 2020, and July 1, 2020 through December 31, 2020.

While several recently enacted federal stimulus bills have provided modest relief to the state for expenses directly related to COVID-19, the Governor and Legislature continue to advocate for additional state support, though those calls have led to a public battle between states (especially NY) and the Federal government.

Meanwhile, given the need to continue social distancing protocols, both houses remotely conferenced late last week to map out their respective approaches for the remainder of the session. While the Senate noted they will return "shortly," albeit remotely, the Assembly has taken a "day by day" position. Twenty-four hours after such statements from each house, the Division of Budget proposed \$8.2 billion in first round cuts. Making it crystal clear – the Legislature's work on the budget is far from over unless they simply accept the Director's proposed cuts.

In the midst of this chaos and disruption, we have continued to steadily work with our sponsors on amended language introduction,

meet with key legislators and their staff to walk them through the changes and work with our media team to craft and recraft our public education campaign messaging. In addition, given the health crisis, we have worked with the Executive Chamber staff and the Department of Health to educate them about the skill set Certified Athletic Trainers bring to the table and can employ to help mitigate the healthcare provider shortages.

As we move through the coming months, we will continue our work (remotely) with both houses to tee the bill up for committee consideration upon the return of the legislature. Reports are suggesting the houses will return (if the virus abates) in late summer and early fall. We will be ready and poised to move. We are also planning for a virtual lobby day so stay tuned, stay healthy and stay safe!

In Memoriam

Jim Case 1964-2020



Jim passed away suddenly on Saturday 3/14/2020. In addition to being the Associate Head Athletic Trainer at Cornell University for over 30 years, Jim has served as the NYSATA Scholarship Chair for the past 5 years.

During his time as Scholarship Chair he was instrumental in working with the NYSATA Executive Council in not only increasing the number of available student scholarships, but also increasing the size of the scholarship awards. We will miss his big smile when presenting the scholarships at our EATA state meeting. The shock of his loss is still very raw and we will greatly miss having Jim taking part in the NYSATA mission. Our hearts, thoughts and prayers go out to his wife Ladeen, daughter Devin, sons Carson and Collin as well as his Cornell Sports Medicine family.

In lieu of flowers, you can help the Case Family by donating to the Jim Case Memorial Family Fund either electronically via Venmo account: @JimCase-MemorialFamilyFund or by mail to Tompkins Trust Co., Jim Case Memorial Fund, c/o Thomas Cannon, PO Box 460, Ithaca, NY 14851. Checks may be made payable to: Jim Case Memorial Family Fund.

> Obituary Remembering Jim Case In Memory of Jim Case

NYSATA Account Balance

David J. Byrnes, MS, ATC - Treasurer (as of May 4, 2020)

MUTUAL FUNDS/ ETFs	Market Value	Quantity Held
Vanguard Index ETF	\$9,027.50	125.00
Vanguard Short Term ETF	\$14,821.86	300
Alerian MLP ETF	\$4,265.70	885
Blackrock Credit Strategies	\$11,703.43	1225.49
SPDR Doubleline Tactical ETF	\$39,080.80	800
U.S. COMMON STOCK	Market Value	Quantity Held
Dominion Resources	¢16 517 60	220
AT&T Inc	\$16,517.60	525
	\$15,414.00	
Ares Capital Pfizer	\$9,620.00	800
	\$15,030.00	400
3M	\$7,382.50	50
Unilever Kallaga Comment	\$8,849.75	175
Kellogg Company	\$8,970.29	140
Johnson & Johnson	\$8,847.00	60
Proctor & Gamble	\$11,529.00	100
Blackstone Group	\$9,734.00	200
CORPORATE BONDS	Market Value	Quantity Held
Arrow Electronics	\$12,253.80	
JP Morgan Chase	\$10,074.50	
Viacom	\$17,811.30	
Boeing	\$14,755.35	
Morgan Stanley	\$15,177.90	
BB&T	\$15,114.60	
Dr Pepper Snapple	\$15,322.35	
PREFERRED SECURITIES	Market Value	Quantity Held
Bank Of America	\$13,405.84	700
Wells Fargo Deposit Account (Investment)	\$6,441.74	
Checking Account	\$87,842.00	
Account Total	\$398,992.81	



Public Relations Committee

Michael Cendoma, MS, ATC and Douglas Sawyer, MS, ATC Co-Chairs

Another year, and another NATM come and gone. COVID-19 took center stage and prevention and care for the ill were a much higher priority. However, that did not entirely prevent NATM from happening. On February 28, Lauren Stephenson, and Stony Brook University lead their usual charge into NYC and, with numerous other ATs and ATSs, were front and center in Times Square for Good Morning America. Check out Lauren's post in this newsletter for full listing of schools and groups in attendance. As usual, they got our message out there

in style. Thank you Lauren and everyone that attended! Plans are already underway for next year's descent on Good Morning America and The Today Show. Check out their facebook page to keep up with information as it becomes available and to check out pictures from this year's and previous year's events.

We also held our annual ATEP NATM video contest. We had 3 strong entries this year. Dominican College managed to eke out a win over Stony Brook University in second place, and University of Buffalo in third. The videos are still available for viewing on our website. If you haven't already done so, please check them out.

I know with schools closing in March, many of you were not able to celebrate NATM in the usual fashion. But, we would love to hear

about anything that you did to help promote NATM and our profession. Also, anyone that has applied your skills in new and creative ways during the COVID-19 pandemic, or has taken a new role in assisting in the crisis, please share your story with us. You can send it to me or our Governmental Affairs Co-Chairs.

NYSATA is currently looking for a new PR Co-Chair. I decided to step down from the position this winter. I had some high hopes and many ideas when I volunteered for the position, but my life has had many changes since then, and I am just not able to dedicate the time to the position that it really deserves. If you know anyone that would be interested, please send nominations to NYSATA President, Jeff Sage, or you can contact me with any questions about the position. I will be glad to lend assistance I can to the next co-chair. Thank you, and stay safe!







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Deanna Errico, PT, DPT, ATC Utica College

College and University OPEN

Awards

Conference and Program Aimee Brunelle, MS, ATC, EMT Colonie Central High School

> Diversity and Inclusion LaTonja Lee, ATC Molloy College

Fundraising Said Hamdan, MS, ATC National Basketball Association

Governmental Affairs Aimee Brunelle, MS, ATC, EMT Colonie Central High School Deanna Errico, PT, DPT, ATC Utica College

> Hall of Fame Andy Smith, MS, ATC Canisius College

> History and Archives OPEN

Joseph Abraham Award Meg Greiner, MS, ATC Hendrick Hudson High School

Committee Chairs

Membership and Nominations OPEN

Newsletter Douglas Sawyer, MS, ATC JagOne Physical Therapy

Public Relations Michael Cendoma, MS, ATC Sports Medicine Concepts Douglas Sawyer, MS, ATC JagOne Physical Therapy

Reimbursement Committee Susan Geisler, MA, ATC, PT Cornell Physical Therapy Department of Gannett Health Services

> Research/Injury OPEN

Scholarships OPEN

Secondary School Jarett Rhoads, MSEd, ATC, CSCS Eastridge High School

Social Media Jennifer Petruzzo, MS, ATC, CSCS Cornell University

> Website Erin Thornton, MS, ATC Canisius College



Got NPI#?

If you do, then thank you! If not, why not? It is free, quick, and easy to do. It helps to show that you and rest of our profession are legitimate medical providers. You can only benefit from getting it, there are no negatives. For more information on getting your NPI# or to apply, go to the NATA website.

The NYSATA Newsletter

This electronic newsletter is published quarterly by the New York State Athletic Trainers' Association Newsletter Committee to the NYSATA member. For information contained in this newsletter or to submit articles/ideas, please contact the NYSATA Newsletter Committee Chair: Douglas Sawyer.

Production and Design by: SJ Creative

Regional Reps

Region 1 LI Nassau, Suffolk James Pierre-Glaude, DPT, ATC, CSCS Stony Brook University

Region 1 NYC

Richmond, Kings, Queens, Bronx, New York Nicole Hovey, MS, ATC Saint Ann's School

Region 2 Westchester, Rockland, Putnam, Sullivan, Orange, Dutchess, Ulster Michael Mirabella, MS, ATC, CSCS White Plains High School

Region 3

Montgomery, Delaware, Fulton, Greene, Otsego, Saratoga, Albany, Rensslear, Schenectady, Columbia, Washington, Schoharie, Herkimer Carla Pasquarelli, ATC St Mary's Healthcare



Region 4

Jefferson, Lewis, St. Lawrence, Franklin, Hamilton, Clinton, Essex, Warren Christine Scuderi, MSEd, ATC State University of New York at Canton

Region 5

Chemung, Tioga, Broome, Oswego, Cayuga, Seneca, Oneida, Cortland, Onondaga, Madison, Tompkins, Schuyler Jennifer Petruzzo, MS, ATC, CSCS Cornell University

Region 6

Livingston, Ontaria, Monroe, Yates, Stueben, Wayne Jarett Rhoads, MSEd., ATC, CSCS Eastridge High School

Region 7

Orleans, Cattaraugus, Genesee, Wyoming, Erie, Niagara, Allegany, Chautauqua Erik M. Barkley, MS, ATC, PES The State University of New York at Fredonia

Regional Reports



Region 1 LI James Pierre-Glaude, DPT, ATC, CSCS

Member Spotlight: Samantha Caruso, MS, ATC (Pictured below)

In response to the COVID-19 pandemic, I have been working as part of the healthcare team, in conjunction with the NYC hospital system, in one of the two hotels based "step down clinics" in Queens, NY. Through the app, Go4Ellis (also now known as Go4Healthcare) I have been hired by the city as a Wellness Coordinator. Here we provide an absolutely free and safe place for patients to come and quarantine once they have been discharged from a local hospital. Patients that meet specific criteria are identified and transported straight from the hospital to our hotel

and assigned to a room on designated floors according to their respective diagnosis, COVID-19 (+) or (-). RNs, ATs, LPNs, CNAs, and home health aides have been recruited through a number of different agencies to work 12 hours shifts, to provide 24-hour medical coverage while the patients rest themselves back to full health. Patients are given clean clothes, meals 3 times a day, drink and snacks upon request and anything else they might need to make their stay comfortable. It has been humbling to hear their stories, each of which has been so completely different and unique to the next. Most are COVID-19 (+) who have luckily avoided the fate of being placed on a ventilator. Some are homeless, some suffer from mental illness, some are recovering cancer patients who just completed a round of

chemo, and we have even had a mother stay with her 3 month old daughter in order to avoid being stuck in a house where they would have been surrounded by COVID-19 (+) family members. The one thing they all have in common though is the hope and desire to get better as soon as possible so they can return to the lives they have been forced to leave behind.

Besides being able to help the people who are most in need, one of the greatest aspects of my job is being able to work with and meet other healthcare professionals from all walks of life, clinical settings, and even other parts of the country. Here at our location the site directors have done a phenomenal job to create a team-based approach to providing our patients with the best possible care, promoting values and practices, which closely align with a lot of the values athletics trainers pride themselves in having in our own profession. Every member of the staff, AT or not, has an inspiring story of how they got here, and it has been humbling to be able to learn from each other in a very fluid and ever changing and evolving workplace. I have been overwhelmingly honored to have an opportunity to shed a bright light on how ATs can be valuable and are vital resources in this



kind of crisis setting. Our ability to be flexible and adaptable team members, in sometimes high stress situations, with often little resources have been attributes that have helped us to prove our value as members of this health care team on a daily basis. The unconditional support I have had from my family, friends, coworkers, and even my student athletes is what gets me through the 12-hour over nights and the hard days. If I can even give an ounce of that compassion, empathy and unwavering strength to our patients here in our facility then I can confidently say I have done my job and done it well. As I have said over and over again; instead of helping people return to play, we are helping them return to their lives. And it is the greatest job I have ever had.

Hofstra University

Collins Sports Medicine, Hofstra University ATEP, and Chattanooga are co-sponsoring a free webinar on emerging technologies in AT for 1 CEU. Radial Pressure Wave Improving Clinical Outcomes, instructed by Dr. Rick Proctor Ed.D, LAT, ATC, Clinical Education Consultant at DJO/Chattanooga will take place on May 7, 2020 from 12pm-1pm. More information available online.

Stony Brook University

Stony Brook University, through the School of Health Technology and Management/Renaissance School of Medicine, is excited to announce a Master of Science degree in Athletic Training, with its first cohort arriving in the summer of 2019! For more information go to SBU MSAT.

The Stony Brook University Athletic Training Program, Stony Brook Orthopaedic Associates/Division of Sports Medicine and Stony Brook Medicine will be hosting the 9th Annual Sports Medicine Update 2019: Accelerated Return on Friday, May 31, 2019 at the Wang Center on campus. This course is designed to cover the most current evidence-based practice while discussing various clinical cases in sports medicine today. It will cover research regarding upper and lower extremity injuries as well as concussions. The target audience consists of Physicians, Physician Assistants, Athletic Trainers, Physical Therapists and all of those involved in the care of athletes. This program is eligible for a maximum of 6 EBP Category hours/CEUs. Register online. Once again, congratulations to Lauren Stephenson, ATC for spearheading the Athletic Training convergence on NYC once again this year, as she has done for the past 7 years. Discounting the weather, it was a great day! *(See pictures bottom of page)*



Region 1 NYC Nicole Hovey, MS, ATC

Harkness Center has created an online lecture specifically for dancers, dance educators, and parents of dance students about dance injury prevention through our DanceMedU platform. For the time being, the lecture can be obtained at no charge. Athletic trainers interested in

dance injury prevention can also access by going online, creating an account, viewing catalog, and selecting the lecture titled "Dance Injury Prevention" under the category "Other/Somatic/Dance Educator". Use the discount code STAYSAFE at checkout to obtain "Dance Injury Prevention" for free. This lecture address aspects of injury prevention for dancers including basic injury facts, the biopsychosocial model, nutrition and hydration, cross training, fatigue, and environmental safety.



Region 2 Michael Mirabella, MS, ATC, CSCS

Member Spotlight: Andrew Schug

In November 2019, I decided to make a change and resign as Athletic Trainer from Goshen High School. I decided that my values did not align with the administrative politics. As a result, I became employed by

St. Luke's Cornwall Hospital. A typical day as an employee of St. Luke's included assisting patients who underwent orthopedic surgeries such as total hip, knee, and shoulder replacements. Day in and day out, my day was clouded with what was considered elective surgeries until talks of this new coronavirus came out.



Then like a swift gust of wind, SARS-CoV-2, now addressed as COVID-19, took over our world, and became a harsh reality. Little by little St Luke's Cornwall Hospital started admitting patients positive with COVID-19. Thereafter, the admissions of COVID-19 positive patients began to rise rapidly and so did the lack of personal protective equipment. As a healthcare professional, I adapted and tried to make the best out of the resources available to myself and others. However, the fear of cross-contamination and contracting the virus brought fear amongst us all.

April 17th, 2020 I woke up from a deep sleep with body aches and the chills. That morning, I noticed I lost my sense of smell and taste with slight nasal congestion. I asked myself, "Maybe it's just seasonal allergies." The thought of possibly having contracted COVID-19 had not crossed my mind yet. I guess I was in denial. My wife encouraged me to get tested for COVID-19. My appointment was made for the following day at 8 am. Oddly enough, I woke up feeling 90% better. I did not want to take any chances, so I kept my appointment and got tested. Three days later, I got the call. I tested positive for COVID-19. Fortunately, my symptoms were very mild. My body aches and chills lasted one night, perhaps a couple of hours. The lack of smell and taste lasted about one week. Boy was I lucky.

Ten days later, I returned to work per the CDC guidelines for return to work protocol for health professionals. I wore my N-95 mask during my work shift all day, every day. It was only removed during lunchtime. With that said, my journey at St. Luke's has ended, and now I embark on a new journey. I am now a Research Coordinator for the Geneva Foundation at West Point, NY. My time at St. Luke's was a humbling experience.



SOATS

In response to the COVID-19 pandemic, SOATS has initiated a cool way for secondary school ATs to connect with their athletes, schools and communities. Section One athletic trainers were asked to submit a short video message to their athletes and schools. The section one athletic trainers society is in the midst of tweeting out daily AT videos from their twitter feed while tagging the AT, their school, NYSPHSAA and NYSATA. It is a great way to communicate a message to their athletes while we are #togetherAThome.

On March 3rd 2020, the Section One Athletic Trainers Society hosted their annual meeting at Byram Hills HS. The meeting was well attended by athletic trainers from all over section one which consists of Westchester, Rockland, Putnam and Dutchess



dynamic speakers awards were also presented. Mike Dougherty, (pictured above) received the SOATS Ambassador Award for his support of athletic trainers and the safety of student

athletes in Section One while writing for The Journal News. Meg Greiner ATC of Hendrick Hudson HS (pictured right) was presented with the SOATS Service Award which is presented to a section one athletic trainer with 20 or more years of service.

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Region 5 Jennifer Petruzzo, MS, ATC, CSCS

Cornell University

Cornell Mourns the Passing of Longtime Athletic Trainer Jim Case Jim Case, beloved longtime Associate Head Athletic Trainer during his more than three decades at Cornell, passed away suddenly on Saturday, March 14. He was 55.

Case worked closely with the football and men's lacrosse teams and was part of the fabric of both programs, working with countless student-athletes during his 32 years with the Big Red. Jim also served as the Chair for the NYSATA Scholarship committee.

He joined Cornell in August 1988, just months after receiving his master's degree in physical education from Western Michigan. Case earned his bachelor's in sports medicine with a minor in exercise science in 1986. He spent time as an intern with the Detroit Lions and served on the athletic training staffs of the 1990, 1994 and 1998 World Lacrosse team tryouts. He served as athletic trainer for the 1994 national team at the World Lacrosse Championship in Manchester, England, then again in 1998 in Baltimore, Md.

While often behind the scenes, as athletic trainers prefer to be, Case stood tall for the department during some of its most challenging times. He was instrumental in the response to the death of men's lacrosse student-athlete George Boiardi '04 and helped the program find ways to continue to honor his legacy. More recently, his practical sensibility helped the department's reaction to the current health crisis, and his voice will be missed as it recovers over the coming months.

Case is survived by his wife Ladeen, daughter Devin, and sons Carson and Collin.



Ithaca College

Ithaca College Athletic Clinical Faculty Receives Promotion Todd Lazenby, MA, ATC was recently notified that he has been granted promotion to Clinical Professor. Todd has been a member of the AT faculty since 2006. Congratulations Todd!



Ithaca College Athletic Training Faculty Receives Tenure and Promotion

Dr. Jennifer McKeon, PhD, ATC, CSCS, was recently notified that she has been granted tenure and promotion to Associate Professor. She has been a member of the Exercise Science and Athletic Training Department faculty since 2013. Congratulations Jen! (Pictured left)

Ithaca College Athletic Training Faculty Appointed to National Scientific Advisory Board

Dr. Jennifer M. McKeon, PhD, ATC, CSCS, accepted an appointment on the advisory board with the Datalys Center for Sports Injury Research & Prevention. Datalys is the clearinghouse and research center for the NCAA and the national High School Injury Surveillance System.

Dr. McKeon has already begun her term on the Advisory Board for the Indianapolis, IN based company that collects and translates (often in collaboration with others) sports participation, injury and treatment data into more effective programs, policies, rules, and education aimed at preventing, mitigating, and treating sports injuries more effectively. The vision of the Datalys Center for Sports Injury Research and Prevention is to be the trusted leader in making sports and physical activity safer through data-driven research. An independent non-profit organization, Datalys can conduct shortterm and long-term studies at lower costs than for-profit contract research organizations and independent researchers. While they often solicit grants from competitive sources, they can also work with program sponsors to find innovative and creative ways to fund programs important to them.

The Datalys Center Scientific Advisory Board (SAB) is an external entity consisting of a group of scientific leaders in sports injury research. The SAB is an integral part of the Datalys Center's efforts to promote health and safety in sport and physical activity through dissemination of our data and research. The primary purpose of the SAB is to provide independent reviews of data requests received through our Data Injury Statistics Clearinghouse (DISC). In addition, the SAB provides expert guidance at the request of Datalys Center faculty and staff regarding ad hoc research initiatives.

First Jase Barrack Memorial Award Recipient Announced The Jase Barrack Memorial Award was created to reflect the spirit and outlook that personified Jase Barrack, and was conceived and coordinated with the help of Jase's mom, Lisa, as well as Clinical Instructor Katie Sheehan and senior AT majors, Justinian Michaels and Henry Heller. We are pleased to announce that Kyle Stolba is the inaugural winner of this new award as a member of the junior class at Ithaca College!



Region 7 Erik M. Barkley, MS, ATC, PES

University at Buffalo

The athletic training program here at University at Buffalo was awarded initial accreditation for the maximum 5 years. We went through the site visit with zero non-compliances and became the first program in the nation to be accredited using the entire 2020 Standards.

We also had two NATA Research and Education Foundation Scholarships. Tyler Farnell was awarded the NATA Foundation Scholarship sponsored by the National Basketball Athletic Trainers' Association, and Keiona Nance was awarded the John A. Mayes Ethnic Diversity Advisory Committee Scholarship sponsored by the Ethnic Diversity Advisory Committee.

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