

NEW YORK STATE
NYSATA
ATHLETIC TRAINERS' ASSOCIATION

SAVE THE DATES

August 1, 2022

Nominations for NYSATA Awards Open

September 1, 2022

Abraham Award

Nomination form will open on NYSATA website

September 30 -

October 9, 2022

NYS AT Recognition Week

November 1, 2022

NYSATA Award Nominations Due

Abraham Award Nominations Due

EXECUTIVE COUNCIL

PRESIDENT

Lauren Stephenson, MA, ATC
SUNY Oneonta

PRESIDENT-ELECT

Carrie Burke MAT, ATC
Ivy Rehab

PAST PRESIDENT

Arturo (Roy) Flores, MS, ATC
New York University

TREASURER

David J. Byrnes MS, ATC
Gatorade Athletic Channel

SECRETARY

Missy Wilson, MS, ATC, CEP

THE PRESIDENT'S REPORT



LAUREN STEPHENSON, MA, ATC

It has been quite an exciting time as we have, as a state, district, and national organization, returned to somewhat normal activities through in-person meetings, events and celebrations. We had a great turnout for our 2022 NYSATA Conference, our first in-person meeting since 2019. It was an amazing way to reconnect with our members and was loaded with high quality lectures and learning labs. I can confidently say that all attendees left that meeting invigorated with new knowledge to include in his or her practice. Thank you to Aimee Brunell, Laura Goodwell-Velez, and the entire conference committee for making this such a successful event.

The conference also marked the beginning of my term as the president of NYSATA. As Roy moves into his role as past president I would like to take the time to recognize his efforts and representation of athletic trainers during the pandemic. He truly learned to juggle with the lemons he was given. As I am learning, coming into the presidency presents its own set of challenges without being compounded by leading an organization of health care professionals during a world wide health crisis. I appreciate all Roy did to increase the visibility of athletic trainers in New York state and pivoting to disseminating information and providing continuing education on virtual platforms during his time as president. I hope to continue with this throughout my time as president.

The executive board would like to welcome Missy Wilson as our secretary and recognize Carrie Burke as she makes the transition from her position as secretary to president-elect. Carrie served as secretary for seven years and has been integral in supporting the executive council throughout numerous efforts during her tenure. I look forward to continuing to work with Carrie as we strive to improve engagement with our organization and representation of our profession in New York.

The 73rd NATA Clinical Symposia and AT Expo was held in Philadelphia, PA, which

also marked the return of an in-person conference for our national organization. New York was well represented at the conference and NYSATA hosted a gathering at Howl at the Moon that was attended by 100 NYSATA members and their guests. It was so great seeing everyone again, and thank you to Kevin Joyce for taking the lead on setting up such a fun event.

Seeing so many of our members at the NYSATA and NATA conference was an inspiration to begin meeting with committee chairs and region representatives to improve our organizational structure with updated policy and procedure manuals for each position in the executive council and leadership committees. I hope that this will provide guidance to our newer leadership as well as encourage our membership to become involved in our committees. We are always looking for members to volunteer as part of our committees; all are welcome and experience is not required, just a love for our profession and motivation to become involved. If you or someone you know is interested in becoming involved please go to our [website](#) where you can find a list of our [committee chairs](#) and [region representatives](#) and send them an email to get more information. As Jimmy Dolittle, military general and aviation pioneer said, "There is nothing stronger than the heart of a volunteer."

In addition to improving our organizational structure, I plan on taking an active role in continuing to disseminate information about our legislative efforts to our membership. I appreciate that sometimes this information is difficult to understand when you are not intimately involved in the process and I will be working with all the members of governmental affairs and public relations committees and to make this information more digestible for our members so you feel comfortable contributing to our efforts when a call to action is sent out. We will be working diligently to get our legislation passed this upcoming legislative session. Our governmental affairs committee and our lobbyist, Karin Carreau, have worked diligently this past session and we continue to get closer and closer to crossing the finish line. With your help we believe that this session will be THE session to get our legislation passed!

I would also like to commence a public awareness campaign with the goal of improving the general public's understanding of what athletic trainers do and the importance of our role in protecting the health and well being of the physically active. We will continue

to increase our presence on social media through region representative and committee takeover weeks and we will be investigating our options for television and radio presence. If you are interested in getting involved and be part of this initiative please reach out to [me](#) or our [public relations committee](#).

I want to assure our membership that NYSATA always has and continues to work hard for each and every one of you. Our region representatives are motivated to do more for you in the upcoming year by organizing more membership gatherings and events as well as free CEUs for NYSATA members. As you can see, my common theme here is we want you to be engaged and involved because we are here for you, our membership. In 2022 we are reunited AT last and as for 2023....get excited because it's the year for New York State ATs!

Save the Date and Get Ready to Help Promote Athletic Training in NYS!

Our annual NYS AT recognition week will take place beginning on September 30, and ending on October 9, 2022. This is such a great week to promote ourselves and our profession, and so much fun that we had to add a couple of extra days on to it.

Please keep an eye out for emails and social media posts soon that will be providing more information.



NYSATA ATLAS Initiative

High school athletic trainers please take a few minutes and make sure your school's info is all up to date and accurate. It only takes 10 minutes, and helps our profession tremendously. Information can be found on [our website](#).



Conference & Program

Aimee Brunelle, MS, ATC - Chair

We were thrilled to be back in person in Schenectady this past June! Although the turnout was lower than expected, this has been on par with other AT conferences – state, regional, and national.

Next year, we will be moving downstate – location and dates TBA. Please keep your eyes open in the fall on the [website](#) and social media for calls for proposals.

As always, volunteers for the conference committee are welcome! Now is the time to get involved – by spring, a majority of the work has been accomplished and we are left with just on-site conference needs. There are plenty of tasks – [reach out](#) so we can talk and determine your best fit.

Lastly – I am happy to announce that Frank Alexander is taking over as Conference & Education chair. We have been trying to find a new chair for a few years now, as my time in this role (8 years!) needed to be passed on to another experienced NYSATA member. Frank is a perfect person for this position, and I will be assisting him through the transition to make the 2023 NYSATA Conference an excellent event for all!



NYSATA Legislative Update

Karin Carreau, Carreau Consulting

The 2022 Legislative Session came to an end as New York legislators contended with statewide and national issues rippling through statehouses across the US, including gun control in the aftermath of

incidents in Buffalo, New York and Uvalde, Texas, reproductive rights as the Roe v. Wade was upended, and the upcoming primary and general election cycle which will determine the balance of power from the halls of the state capitol to the US Capitol.

While the Legislature had been scheduled to adjourn on Thursday, June 2, 2022, three weeks earlier than usual, both houses extended their stay. The Senate concluded its work in the early hours of Friday, June 3, while the Assembly would not finish plowing through its work until early Saturday morning after pulling an all-nighter, finally gaveling out at 8:30 am on June 4, 2022. The truncated session allowed members to return to their districts to campaign as Assembly members had primaries to contend with on June 28, 2022, and many Senators will run on August 23, 2022 in their newly configured districts that were approved by the court.

While the Legislature had not been scheduled to return, Governor Hochul quickly called an extraordinary session on June 30 to address the US Supreme Court's ruling which struck down New York's conceal carry law, a standard that (for 100 years) required demonstration of proper cause to carry a concealed weapon in public.

NYSATA, was, of course, engaged in several pieces of legislation throughout the regular session. Such work included:

- S2023-C (May)/A5044-B (Solages) – Provides for licensure of athletic trainers. *STATUS: The bill passed the Senate! After years of work with the New State Senate and Higher Education Chair, the bill moved through committee and was brought to the floor for a vote where it passed 60-1! We continued to work on the Assembly side as well, to finally move the bill across the finish line, however, the Assembly Higher Education Committee Chair*

expressed concerns that we were left with little time to address. We are already working with the Assembly on the bill in anticipation of the 2023 session.

- Senate Resolution 2869 – Provides for a \$10,000 Appropriation through Senate Resolution sponsored by Senator Holyman for a partnership education program between the New York Athletic Trainers Association (NYSATA) and the Brain Injury Association of New York State (BIANYS) on the topic of concussion identification and management in youth sports. We are currently working with BIANYS to craft a framework for this project...stay tuned!
- S7756 (Stec)/A9561 (Simpson) – Allows out of state health care professionals to perform services at the Ironman Lake Placid 2022, including athletic trainers. Once enacted, the legislation takes effect immediately and is deemed repealed July 27, 2022. *STATUS: passed both houses and was signed by the Governor.*
- S973 (Gaughran)/A8425 (Burke) – The legislation extends the provisions of the Concussion Management and Awareness Act (Chapter 496 of 2011) to non-public schools. If enacted, the legislation takes effect on the first of July next succeeding the date on which it shall have become law. *STATUS: The bill passed both houses and is pending delivery to the Governor.*
- S1074-A (Hoylman)/A2564-A (Fall) – Known as the Concussion management and awareness improvement act of 2022, the bill contains provisions to require annual course of instruction or continuing medical education for all medical directors, physicians, nurse practitioners, and physician assistants on recognizing symptoms and treatment for students suffering concussion, requires schools to establish concussion management teams, recommends schools retain access to athletic trainer, and require non-public schools to comply. *STATUS: The bills remained in the Senate and Assembly Education Committees.*
- Session Statistics: For those who keep track of such things: Since January 1, 2021, the start of the 2-year term of the Legislature through Wednesday, June 8, 2022, 19,292 bills were introduced. From January

1, 2022, through June 8, 2022, the Senate passed 1,634 bills, while the Assembly passed 1,245 bills. Of the 1,007 bills that passed both houses this year (the most in the last quarter of a century): 214 have been signed into law, 1 has been vetoed, and 793 have not yet been delivered to the Governor. As a comparison, taking into account the same time period, 414 bills passed both houses in 2020 compared to 935 in 2019, 641 in 2018, 606 in 2017, 618 in 2016, 718 bills in 2015, 658 in 2014, and 650 in 2013.

Session will resume in January, however, in the meantime, we will be working with our sponsors and the key members readying our bill for passage and continuing to build support. We strongly encourage you to continue engaging your legislative members as well.



Governmental Affairs Report

Aimee Brunelle, MS, ATC and
Deanna Errico, PT, DPT, ATC -
Co-Chairs



It has been another exciting year for the Governmental Affairs committee with the legislative session ending the earliest it has ever ended (June 3). The GA committee developed a new relationship with the NFL Alumni Association and headed to the capital with NFLAA president, Jude Waddy, and the Vince Lombardi trophy in May. Talk about an

incredible experience! This gained the ATs and the AT licensure bill great notoriety. It was very helpful to gain exposure in both the Senate and the Assembly and to gain co-sponsorships.

Most importantly: our bill PASSED IN THE SENATE! You may have already received an email asking you to *Thank your senator*. Why? Because this bill passed 60-1! This is remarkable! It is a strong indication of how well our lobbyist, Karin Carreau, and our members have educated the legislators. Please take the tiny bit of time it will take to hand write a short note and put it in the mail – ASAP!

The Assembly side is a different story. While these legislators have also been well educated, the AT licensure bill has not yet made it to the agenda of the Assembly Higher Education Committee. We have

made little steps, getting closer and closer to this hurdle, working closely with the Higher Ed Committee Chair and her office, getting more and more assembly members to sign on as co-sponsors of the bill, and we are hopeful our bill will finally make its way to their agenda next year.

We continue to need your help for our governmental affairs efforts. You can still invite a legislator to your athletic training room. The more these individuals understand what we do, the stronger chance we have to get this bill to pass.

Meanwhile, NYSATA has been busy working for you. New York State budgeted \$1.2 billion in funding to provide bonuses for frontline healthcare workers who have been working tirelessly through the pandemic (Part ZZ, Chapter 56 of the Laws of 2022). This will allow additional reimbursement of essential workers during the pandemic. The Department of Health (DOH) will oversee this; unfortunately, the bill left off a number of professional groups, including athletic trainers. Your president at the time, Roy Flores, wrote a letter in April requesting that ATs be included and Karin continues to communicate with DOH on our behalf to see this through. She has had no response but we will keep you updated on any progress.

Recently the S973 (Gaughran)/A8425 (Burke) bill passed. This legislation extends the provisions of the **Concussion Management and Awareness Act** to non-public schools. Once it is signed by the Governor, it will be enacted next July. If you are an AT in a private secondary school, you may want to start incorporating a Concussion team at your school in preparation.

Other legislation – the **Dominic Murray Sudden Cardiac Arrest Prevention Act** passed last year, however, the **rules and regulations** for this act, which likely will impact ATs, has just been released and provides an opportunity for comments. NYSATA GA recommends you read through the 3 pages in the next few weeks and [provide comments/concerns for us](#) to collate and send.

Last but certainly not least, your NYSATA GA has applied for and received a grant. The grant is a \$10,000 Appropriation sponsored by Senator Holyman (Senate Resolution 2869). NYSATA GA has partnered with the Brain Injury Association of New York State (BIANYS) to develop an education program for concussion identification and management in youth sports.

We appreciate your support of NYSATA GA efforts!

Athletic Trainer Saves a Life



Kalyn Powell, ATC, (pictured left) was recently working as a personal trainer at planet fitness. While she was training someone one afternoon, she heard a scream for help, and ran over to see what was going on. She found a man face down on the floor wedged between two ellipticals. It was clear to Kalyn that he had lost

consciousness before he fell because there was no sign of him trying to catch himself as his arms were both next to his sides.

She checked him for response, but there was none. Kalyn had a coworker call 911 and was about to pull him out and check his vitals but right when she touched him again that the man came to, sat up and tried to get up. There was blood on his face because he hit it on the elliptical on his way down. Kalyn instructed him to sit here for a second, while she made sure he was okay. She kept him calm while asking his name and other information. His answers were short and he seemed disorientated. While asking if he was having difficulty breathing, he said yes he went unconscious again. Fortunately, he was leaning towards her and she was able to help him gently to the ground.

Kalyn instructed her coworker to get the AED as she laid him on his back. Some of the members of the gym moved everything out of the way for her. Luckily the AED was right nearby, so when she felt no pulse she immediately cut off his shirt and started compressions. After two rounds of CPR and still no pulse, Kalyn shocked him and continued with a few more rounds of compressions and then shocked him again.

After about 10 minutes a police officer showed up and helped with compressions. EMS came shortly thereafter and were able to start draining his lungs and transport him. They drained his lungs overnight and did a bypass the next day. The doctors told him those two shocks are the reason he is still alive, he died twice that day. He is now home and starting PT soon!

A NYSATA interview with Kalyn can be found on our [FACEBOOK](#) page.

Awards

Deanna Erico, PT, DPT, ATC - Chair



Please consider nominating one of your colleagues for a NYSATA award. NYSATA holds an open nomination period from August 1 – November 1. We recommend you allow ample time to complete these materials by submitting your nominations early.

Not sure which award is the right one for your friend? Here are some tips:

Perhaps your friend works at the secondary school and deserves some credit for the outstanding injury care and overall effort at their facility. Consider nominating him/her for the [Joseph Abraham Award](#).

Has your friend done something really incredible recently that deserves recognition? The [Kent Scriber Recognition Award](#) was designed just for this kind of situation.

Perhaps your friend has been very committed to NYSATA and has played an important role in some form of leadership, like a committee position (or several) for NYSATA. He or she may be the perfect nominee for the [John Sciera Service Award](#).

Has your friend done some pretty spectacular things for NYSATA, EATA, District 2 or NATA? One of the highest awards we have is the [Thomas J. Sheehan Award](#) and you might consider nominating your friend for it. The [Hall of Fame Award](#) is also a possibility.

Please contact [Deanna Erico](#) for more information on any of these awards.



NYSATA Account Balance
 David J. Byrnes, MS, ATC - Treasurer
 (as of July 22, 2022)

MUTUAL FUNDS/ ETFs	Market Value	Quantity Held
Alerian MLP ETF	\$6,446.34	177
Blackrock Income Fund	\$10,894.61	1225.49
Invesco Emerging Markets ETF	\$9,215.00	500
SPDR Doubleline Tactical ETF	\$33,904.00	800
Vanguard Malvern Short Term ETF	\$14,898.00	300.00
Vanguard Intermdiate Term ETF	\$9,758.40	120
Vanguard Short Term ETF	\$11,487.00	150
U.S. COMMON STOCK	Market Value	Quantity Held
AT&T Inc	\$9,933.00	525
Ares Capital	\$15,544.00	800
Blackstone Group	\$19,576.00	200
CVS	\$11,648.75	125
Johnson & Johnson	\$10,278.60	60
Kellogg Company	\$9,833.60	140
Mondelez Intl Inc	\$7,668.75	125
Pfizer	\$20,448.00	400
Proctor & Gamble	\$14,077.00	100
Prudential	\$9,607.00	100
Unilever	\$8,165.50	175
Viatrix	\$484.12	49
Verizon	\$7,149.00	150
Warner Bros.	\$1,842.77	127
PREFERRED STOCK		
AT&T Inc	\$8,656.00	400
JP Morgan PFD	\$17,374.00	850
CORPORATE BONDS	Market Value	Quantity Held
Viacom	\$15,962.10	
Wells Fargo Deposit Account (Investment	\$22,429.89	
Checking Account	\$18,235.99	
Account Total	\$325,517.42	

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Committee Chairs

Awards

Deanna Errico, PT, DPT, ATC
Utica College

College and University

Jeff Carter MEd, LAT, ATC,
EMT-B, CSCS
Marist College

Conference and Program

Aimee Brunelle, MS, ATC
Colonie Central High School
Frank Alexander

Diversity and Inclusion

EDAC Chair
LaTonja Lee, MS, LAT, ATC, PES
Fordham University
LGBTQ+ Chair
Matthew Rawlins, MS, ATC, CSCS, ART
University of Rochester

Fundraising

OPEN

Governmental Affairs

Aimee Brunelle, MS, ATC
Colonie Central High School
Deanna Errico, PT, DPT, ATC
Utica College

Hall of Fame

Bob Gariglio
Syosset High School

History and Archives

OPEN

Joseph Abraham Award

Meg Greiner, MS, ATC
Hendrick Hudson High School

Membership and Nominations

Christopher Napoli, MS, ATC
NYU Winthrop Hospital

Newsletter

Douglas Sawyer, MS, ATC
Ardley High School

Public Relations

Michael Cendoma, MS, ATC
Sports Medicine Concepts
Co-Chair
Nicholas Clark, MS, ATC
Movement Matters

Reimbursement Committee

OPEN

Research/Injury

OPEN

Scholarships

Chuck Monteith, ATC
Colgate University

Secondary School

Jarett Rhoads, MEd, ATC, CSCS
Eastridge High School
Craig Olejnczak, ATC
Middletown School District

Social Media

Becky Guzzo, MS, ATC
Cornell University

Website

Erin Thornton, MS, ATC
Canisius College

The NYSATA Newsletter

This electronic newsletter is published quarterly by the New York State Athletic Trainers' Association Newsletter Committee to the NYSATA member. For information contained in this newsletter or to submit articles/ideas, please contact the NYSATA Newsletter Committee Chair: [Douglas Sawyer](#).

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YOUR OWN
AT RISK

Got NPI#?

If you do, then thank you! If not, why not? It is free, quick, and easy to do. It helps to show that you and rest of our profession are legitimate medical providers. You can only benefit from getting it, there are no negatives. For more information on getting your NPI# or to apply, go to the [NATA website](#).

Regional Reps

Region 1 LI

Nassau, Suffolk

Kristin LoNigro, MSEd, ATC
Hofstra University

Region 1 NYC

Richmond, Kings, Queens, Bronx, New York

Will Zinser, MS, ATC
Harkness Center for Dance Injuries

Region 2

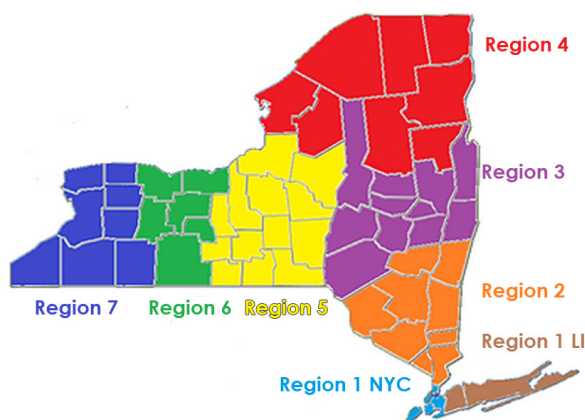
Westchester, Rockland, Putnam, Sullivan, Orange, Dutchess, Ulster

Michael Mirabella, MS, ATC, CSCS
White Plains High School

Region 3

Montgomery, Delaware, Fulton, Greene, Otsego, Saratoga, Albany, Rensselaer, Schenectady, Columbia, Washington, Schoharie, Herkimer

Kyle Roepnack, ATC
Herkimer College



Region 5

Chemung, Tioga, Broome, Oswego, Cayuga, Seneca, Oneida, Cortland, Onondaga, Madison, Tompkins, Schuyler

Jennifer Petruzzo, MS, ATC, CSCS
Cornell University

Region 6

Livingston, Ontario, Monroe, Yates, Stueben, Wayne

Jarett Rhoads, MSEd., ATC, CSCS
Eastridge High School

Region 7

Orleans, Cattaraugus, Genesee, Wyoming, Erie, Niagara, Allegany, Chautauqua

Jacob Habemehl, MS, ATC, ACLS
Buffalo State College

Region 4
Jefferson, Lewis, St. Lawrence, Franklin, Hamilton, Clinton, Essex, Warren
Jason Pachter, MS, ATC, CSCS
State University of Plattsburgh

Regional Reports



Region 2

Michael Mirabella, MS, ATC, CSCS

On June 17, 2022, NYSATA hosted a social for the athletic trainers in Region 2. The event was held at the Captain Lawrence Brewery and Barrel House in Mt Kisco. We had a good turnout, and past-president Roy Flores joined for the festivities.



Region 5

Jennifer Petruzzo, MS, ATC, CSCS

Cornell University

Cornell announces three new hires for the fall semester. They welcome Sarah Missen, Emily Berg, and Justin Valentine to the Big Red Sports Medicine staff. They look forward to their contributions to the Cornell student athletes.



The Big Red will be opening a position as an Athletic Trainer with the Cornell Men's Basketball team. If you are interested, please check out the [job posting](#).

Cornell is sad to say farewell and thank you to AT/PT, Susan Geisler. Susan has been at Cornell just shy of 17 years working as a PT. She was their biggest advocate and collaborator since she is an AT as well. They wish her all the best on her next adventure. Her mark at Cornell will never be forgotten.

The Big Red staff celebrated a great school year by having a golf outing with their families. They played 9 holes of golf and capped the night off with dinner and drinks. Congratulations to this year's winners: Lauren

Rudolph, Megan Wagenet, Ryan Wagenet, Susan Geisler, Jocelyn Stark, and Jenn Fenwick. Looking forward to seeing you on your PGA tour.



Calling all previous Cornell AT students! Cornell is assembling a registry of previous athletic training students we have had work with our teams. If you have been a student at Cornell in the past, please reach out to Becky Burns so she can add you to our registry.



Region 6
Jarett Rhoads, MEd., ATC, CSCS

The 2nd Annual NYSATA Region 6 Golf Outing was held on Friday, July 22, at Big Oak Golf Course in Geneva. We could not have had a better day for it!

I really appreciate all the golfers that came out for some fun and raising money for our association. We hope you enjoyed the day.

Thank you so much to all of our sponsors! Your generosity is so appreciated.

- Hobart & William Smith Sports Performance
- Finger Lakes Health Rehabilitation Services
- G&G Fitness
- Greater Rochester Athletic Trainers' Society
- Sports Medicine Concepts, Inc**
- Danny O'Connor** and Collins Sports Medicine
- Phil Valenti** and BSN Sports
- Howie's Athletic Tape

- Ian Hurlburt** and Rochester Regional Health
- Jeremy Herniman** and UR Medicine Thompson
- Trevor Cramer** and UR Medicine Orthopaedics & Physical Performance
- Jennifer Phillips** and the East Irondequoit All Sports Booster Club

Thank you to Big Oak Golf Course and all their wonderful staff for being such gracious hosts!

Finally, a huge thank you to **Caiti Sharman** for all her hard work and helping me organize this thing. Without her, it could never have gone as well as it did. *Until next year...*

