

SAVE THE DATES

NYSATA Conference  
Early Registration Ends  
May 5, 2019

NYSATA Conference  
Guaranteed Housing Closes  
May 6, 2019

NYSATA Lobby Day  
Albany, NY  
May 7, 2019

NYSATA Conference  
& Annual Meeting  
Schenectady NY  
June 7-8, 2019

NATA Convention  
Las Vegas, NV  
June 24-27



THE PRESIDENT'S REPORT



Jeff Sage, MS, ATC, CSCS, PES

Personal perspectives on spring in NYS are as diverse as the population of our great state. Some of the responses I have come across (in no particular order): the obvious metrological seasonal transition to the warmer months, a time when some feel a sense of “renewal” following a long winter, when the April showers bring the May flowers, and when the end of a long school year is within sight. In NYS, spring also brings the Legislative season. Yes, NYSATA has embarked upon our fourth 2-yr legislative cycle to update the NYS AT practice act and obtain true AT licensure. That is right; our journey began in 2013. The actual path a bill takes to become a law is long, arduous, filled with twists, turns and set-backs.

In early April I had the opportunity to attend the NATA Capitol Hill Day along with NYSATA Region 7 Representative Erik Barkley. There were approximately 100 attendees from across the country that were scheduled to meet with their US Senators and member of the House of Representatives advocating for ATs, issues that affect the AT profession and our patients. The two primary issues were:

- Personal Health Investment Today (PHIT) Act – a prevention-based program which would allow many fees and expenses for many more physical activities to be paid with pre-tax accounts (i.e.: FSA and HSA)
- Inclusion of ATs as health care providers under the Tricare plan to allow military service member’s spouses and dependents to receive medical services by ATs.

During that visit I also had a chance to speak with a member of the West Virginia delegation, a state that had just passed AT licensure legislation in March of this year. I asked for advice on how to be successful in passing state legislation. As you might expect there was no magic pixy dust, rather the message was simple: be proactive, stay the course and do not give up.

Therefore, with regard to the status of our NY AT bill, I am feeling a sense of renewal. This all starts with our two new sponsors for the 2019-20 legislative session. In the NY Senate, Rachel May

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*President's Message continued from page 1.*

(District 53, Syracuse area) and in the NY Assembly, Michaelle Solages (District 22, Elmont area). Both have expressed an eagerness to work with NYSATA to get our bills passed. If you live in either of their districts, please contact their office to offer thanks for their support. In addition, more than 40 NYSATA members have registered for Lobby Day on May 7; this is our largest contingent to date. Plans are underway to meet with many legislators in Albany throughout the day to gain further support on moving our bill. However, even if you are unable to attend Lobby Day, everybody plays a pivotal role in the process by contacting your state senator and assemblyperson to ask for their co-sponsorship of our respective bills: Senate bill #S-5127 and Assembly bill #A-5499. In certain cases, our Governmental Affairs team may reach out to you via *Voter's Voice* requesting that you take action because you live in a district of a legislator who sits on a specific committee that will hear our bill. We need **everybody** all in on this in order to be successful. See the [Governmental Affairs](#) section for more information.

Later this spring, we will be having our annual NYSATA Conference on Friday, June 7 in Schenectady, NY at the Double Tree by Hilton. The main program is slated for 7 CEUs (EPB credits are pending) and we have three optional workshops on Saturday, June 8 for even more CEUs. Check out the conference agenda [online](#). The early bird registration deadline is only a few days away on May 6 – so don't delay – [visit the conference registration page](#). I am also very excited that one of our workshops is the ATs Care "Assisting Individuals in Crisis" program. As a special incentive, NYSATA members receive a \$20 discount. Please note this workshop will be capped at 20 participants and closes on May 6. To reserve your spot, go to the [ATs Care registration page](#).

Congratulations go out to the following NYSATA members for earning awards at the national, district and state levels:

#### **NATA Awards**

Aimee Brunelle – S. Colonie HS – Athletic Trainer Service Award  
Paul Geisler – Ithaca College – Most Distinguished Athletic Trainer Award

#### **District 2 Award**

Aimee Brunelle – S. Colonie HS - Michael Goldenberg HS Grant  
Katelyn Dolan – Ithaca College – Bobby Gunn Leadership Award

#### **NYSATA Grants**

Aimee Brunelle – S. Colonie HS – Secondary School Grant  
Sonya Comins – SUNY Cortland – College / University Grant

Please take time to [read the highlights](#) provided by each of the five student members that NYSATA sponsored to attend the iLead conference this past January. This year the iLead conference was held in conjunction with the NATA Joint

Committee meeting in Dallas, TX. This gave the student attendees an unprecedented first-hand look at how the NATA committee structures operate and interact. This premier AT student leadership conference is only held every 2 years. I am proud that we were able to fund five NYSATA students to help facilitate the development of future AT leaders.

I would like to extend a warm welcome to Laura Goodwell-Velez who has accepted the position of NYSATA BOC Approved Provider Chair person. Laura serves as an Athletic Trainer and Continuing Education Coordinator at Syracuse Orthopedics Specialist in East Syracuse.

Lastly, if you are young professional, defined as an AT "in the first 12 years after initial certification", we have an upcoming vacancy for the NYSATA Representative to the District 2 Young Professionals Committee. Please see the [vacancy posting](#) in the Newsletter, and [contact me](#) if you are interested.

Enjoy the warm weather when it gets here. I look forward to the opportunity to see you at Lobby Day, NYSATA Annual Meeting or the NATA Convention in the coming weeks.

## **NYSATA Fundraising**

Fundraising will be re-opening an online store for NYSATA apparel for two weeks in June. The online store will be open coinciding with the NYSATA and NATA conferences.

**natapac**  
National Athletic Trainers' Association, Inc. political action committee



# Save the Date!

## 2019 NYSATA Conference & Annual Meeting



### Conference & Program

Aimee Brunelle, MS, ATC, EMT - Chair

**Early bird registration closes at the end of the day, Sunday May 5<sup>th</sup>!**

This program is offering 7 CEUs, including 2 EBP CEUs (pending). Friday's general session will begin at 8:00am and conclude at 5:00pm.

#### Registration fees:

- NATA certified members: \$90
- BOC certified/Non-NATA members: \$120
- NATA member – Associate/Affiliate: \$90
- Students - Certified/Non Certified: \$25
- AT retired: Free (Contact Conference Chair [Aimee Brunelle](#) for a registration code)
- Hall of Fame members: Free (Contact [Aimee](#) or [Andy Smith](#) for a registration code)

Fees will increase beginning on May 6th. On-site registration will be accepted.

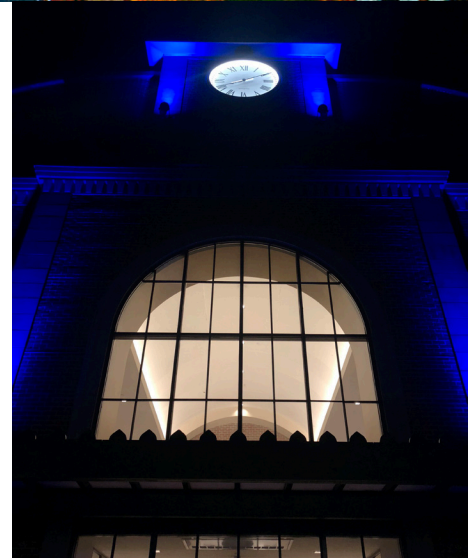
Saturday's workshop fees range from \$45 (3 CEUs) to \$60 (4 CEUs) to \$90/\$110 (14 Category D CEUs).

**New refund policy** – You asked and we listened! We have moved the refund request to Monday June 3rd, to ensure that if your team continues into post-season, your registration fees are not lost. [See our website](#) for the full details.

**Plan to stay for our post-conference social at the hotel!** This will begin immediately after Friday's general session.

Stay on-site at our conference hotel: The Doubletree by Hilton. We are also offering a **complimentary shuttle** to and from the hotel for those who arrive by train. See our [Conference Housing page](#) for more information. The reservation cut-off date is Monday May 6 - after that date, reservations can be made (subject to availability) but cannot be guaranteed. Be sure to book sooner rather than later to ensure you are guaranteed a room.

We are excited to bring the 2019 NYSATA conference to Schenectady. This location offers driving convenience for many NYSATA members as well as those on the train. It has been many years since we have been in the Capital Region – consider staying the weekend and discovering what it has to offer!







## Governmental Affairs Report

Aimee Brunelle, MS, ATC, EMT

Deanna Errico, PT, DPT, ATC

Co-Chairs



The athletic trainers' bill in the Assembly (AB 5499) has a strong sponsor in Assemblywoman Michaelle Solages and we have a new bill sponsor in the Senate - Senator Rachel May (SB 5127). Senator May has really taken the time to understand what we do and we appreciate the efforts of those in her district (Syracuse area) who took the time to communicate with her. This is very exciting to have new energy working towards passing our bills. And

we will need energy for lobby day!

**Lobby Day is Tuesday May 7, 2019!** Thank you to so many who have registered. We have our largest group by far this year, thanks in part to our student members (who will get a great advocacy experience), and a contingent of seasoned returners and new attendees. We appreciate all who will be participating in lobby day in Albany. We need a big push at this point in the session (as you can see by our [lobbyist's report](#)) and we feel that having over 40 participants in Lobby Day will allow us to have more ATs visit with more legislators and really get our message out.

If you cannot attend Lobby Day, we ask you to make a phone call to your legislators Albany offices that day. We hope to increase awareness and understanding of our bill, and introduce them to our profession. Whether Democrat or Republican having, co-sponsors can really make a difference.

Thank you to all those athletic trainers who have already engaged with their legislators since the 2018 election. Many of these individuals are new to their positions and may not be familiar with athletic trainers or what we do, and may be unaware that we have not had a change in our practice act for over 25 years. Your visits to their home offices, your phone calls and emails are very important. The Government Affairs team sent out a template earlier in April for you to follow when you call your member of the senate or assembly. If you have had interaction with your legislators, please [let us know](#). If you intend to invite them to your athletic training room (yes we are still encouraging this!) we recommend you find out the policies at your institution and let us know your progress (contact [Aimee](#) or [Deanna](#)). The legislative session ends in 6 or 7 weeks, and we need to keep momentum moving forward!

## Position Opening

**NYSATA Young Professionals Representative**

**Description:** Serve as the NY State representative to the NATA District 2 Young Professionals' Committee. The Young Professionals Committee of District 2 exists to support the membership of District 2 by providing opportunities for young professionals (first 12 years after initial certification) to become engaged in community initiatives, continuing education, and networking opportunities.

**Eligibility:** must be a NATA member for a minimum of 1 year, a resident of the NY state for a minimum of 1 year, and be less than 9 years certified on the date of appointment.

**Length of Service:** One-year term, twice renewable (total of 3-years possible).

### Duties:

#### Primary:

- Work with the District 2 Young Professionals Committee (YPC) Chair in furthering the goals of the NATA and District YPC.
- Identify the needs and goals of YP in the state.
- Maintain regular communication and a working relationship with YPC District 2 Chair and the state executive council.
- Distribute YPC minutes, news, and updates to the state members.
- Serve as a member of a working group that includes other District II state representatives.
- Solicit new young professional athletic trainers in the state to join the YPC and encourage current YP members to remain active.
- Responsible for promoting the YPC goals and ideas to state institutions, clinics, student programs and professional settings.
- Develop, implement and forecast projects designed for YP.
- Be available for monthly District 2 YPC conference calls.
- Attend the District 2 Annual Meeting and State Annual Meeting as available.
- Perform duties as assigned by the District 2 YPC Chair.
- Present a report to the state members in attendance at the state meetings as applicable.
- Evaluate and score applicants for District 2 YP Award.
- Able to give and receive constructive feedback.

#### Secondary:

- Work with state initiatives and liaison with state committees.
- Serve an advisor or co-sponsor with other committees within the state.
- Perform duties as assigned by the state president.

Any interested members, please [contact Jeff Sage](#), NYSATA President.



## NYSATA Legislative Update

Karin Carreau, Carreau Consulting



After weeks of negotiations, public intra party spats, upstate vs. downstate divides, and battles over available revenue, the legislature worked through the evening and into the early hours of April 1 to pass budget bills totaling \$175 billion. While a number of progressive items such as changes to the cash bail system, a “mansion” tax, and the banning of plastic bags, were included, activists

criticized measures around campaign finance reform as being “halfhearted,” last minute changes to the luxury home tax as “caving to pressure from the real estate industry” and the absence of legalization of marijuana as “disappointing.” But as Capitol dwellers know, there are always issues left on the cutting room floor to be revisited another day.

Despite the fact that most of the legislative attention from January to April 1 was focused on the budget, and members were settling into their new Chair and Committee assignments, the NYSATA Government Relations Team continued to make steady progress on the licensure bill. As previously reported, the legislative landscape shifted considerably in the upper house and as such, the last time we reported to you (in February) we were in the process of identifying a strong, well-positioned Senate sponsor to usher our bill through the new Democratic House. We are thrilled to report we have found our new partner in Senator Rachel May who represents New York’s 53<sup>rd</sup> District and lives in Syracuse. She comes to the Senate as a lifelong educator who spent fifteen years in the area of environmental sustainability at Syracuse University and SUNY College of Environmental Science and Forestry. She sits on the ever-important Higher Education Committee (the first legislative committee our bill will need to move through) and both she and her staff were very engaged in the mechanics of the bill and stand eager to champion the initiative. The Senate version of the bill was officially introduced on April 10 with a new number assignment of SB 5127. The Assembly version is, as previously reported, AB 5499 (carried by Michaëlle Solages – Hofstra graduate in Athletic Training). We are very excited about our two new sponsors and look forward to their return to Albany at the end of April.

In the meantime, we have also been meeting with new members to introduce them to NYSATA, the profession of Athletic Training, and the concepts and cause for the licensing bill. Initial meetings with most of the Higher Education Committee members in each house have taken place throughout the last several months. However, I will take this opportunity to make my consistent call to action and ask that you, as a constituent make a call to your Senate (many of whom are new) and Assembly members to ask them to show their support of you and your profession by becoming a co- sponsor of the bill. While we are also excitedly readying for our largest Lobby Day on May 7, every voice, be it in person or on the phone, counts, so if you are unable to attend Lobby Day, mark the date in your calendar and make your call as it will boost our ground game.

We have also been tracking other legislation. As I reported in February, a bill was set to pass (and did with overwhelming support in each house) called the Red Flag Bill. The bill authorizes certain school personnel to petition the courts for an “Extreme risk protection order” if they witness student behaviors deemed as potentially harmful to themselves or others. If such a petition is brought to the court, it could result in such person being prohibited from purchasing, possessing or attempting to possess a firearm, rifle or shotgun. The school personnel captured in the bill language include: a school teacher, school guidance counselor, school psychologist, school social worker, school nurse, or other school personnel required to hold a teaching or administrative license or certificate, and full or part-time compensated school employee required to hold a temporary coaching license or professional coaching certificate. We have flagged the bill for the State Education Department, and they are currently reviewing for impact (and pending implementation) on the profession.

In addition, we are also engaging the legislature on a recently introduced bill related to the development and dispersal of information regarding potential concussive and sub-concussive injuries related to tackle football and bills to include Certified Athletic Trainers as authorized health care professions serving at the Ironman Triathlon in Lake Placid and the NYC Marathon. We will keep you apprised of all developments as the second phase of the legislative session evolves!

**Congratulations to our 2019 NYSATA AT grant winners!**

**Secondary School** South Colonie HS  
**College/University** SUNY Cortland



NYSATA sponsored students provide highlights and insights from attending the iLEAD Conference in Dallas, Texas, January 25-26, 2019.



**Korey Bunal**  
**SUNY Cortland**

Receiving a grant to attend the 2019 iLEAD conference is something for which I will forever be grateful. Attending iLEAD was an opportunity as a young upcoming professional to not only represent my college, and district

but the chance to shape MY future. Growing up and attending school in Upstate New York, iLEAD gave me the opportunity to do something I had never done before. This conference was hosted in Las Colinas, Texas, a place I had never been before, and there was going to be no one there that I knew, so that was an experience in itself. Not only was this conference a learning experience for becoming a leader, I was given the opportunity to build my network. I connected with students from all over the nation. Like the other students in attendance, we were given the opportunity to meet and connect with our top leaders in the profession, learning about their path to leadership and success as an experienced Athletic Trainer. This conference connected me with researchers and other people with the same desire I have to make a change. Through this conference I was also able to connect with people that I can reach out to in the future as I search for Graduate School Positions and Full Time Athletic Trainer Positions. Following this conference I am grateful to know that leading is not always from the front, being a leader is as much a quiet job as it is vocal. I am grateful for the network I was able to develop and what I was able to learn in such a short period of time."



**Jennifer Gordon**  
**Ithaca College**

The iLEAD conference is open to undergraduate students in a professional program, as well as master's degree students, both entry level and post-professional. Coming

from Ithaca College, my clinical and educational experiences thus far have only existed at the small Division III Liberal Arts

College. Since wide ranges of students were eligible to attend, I interacted with a diverse cohort in age and level of education. The opportunity to network with over 100 other student leaders from around the country, including four fellow New Yorkers, made me feel as though the leadership roles I have taken thus far in my education career had been validated, and also sparked a motivation to continue pursuing leadership positions in my post-graduation career. The most valuable aspect of the conference was the opportunity to network with many highly revered athletic trainers from around the country who hold a wide variety of leadership positions within the NATA and the Strategic Alliance. What I value most from the iLEAD conference is the realization that there are very brilliant students all over the country with worthwhile suggestions and concerns with limited facets to express themselves. A common goal amongst all of athletic training is increasing our professional identity and social capital, and the best way to work towards it is starting at the roots with our education programs. Overall, I am very thankful for my experiences and humbled to have been chosen to attend the 2019 iLEAD Conference.



**Gabrielle Griffin**  
**Alfred University**

This was my first time attending the iLEAD conference and my first time attending any conference related to athletic training. It was an experience I will never forget and hope to do again. It allows me to continue to grow in the profession and build connections

with my future colleagues across the country, as well future mentors. There are three main things I took away from iLEAD. First, I learned to come out of my comfort zone. Though I am a friendly, open person I was not anticipating sitting next to professionals at meal times and being able to talk openly with them about anything in their fields or areas of expertise. It taught me to just start talking or asking questions because you will never know the information you will pick up or the people

*Continued on next page*



you will meet. Second, I learned about all of the different paths I could take after I pass the BOC examination. I had no idea the breadth of options that are available to me upon graduation that are not athletics. Lastly, I learned how to be a better leader. I learned to use my leadership role to not only better myself, but to better the people around me. Being exposed to athletic trainers in different disciplines opened my eyes to the variety of career paths I could follow. One of the best parts was seeing the number of female athletic trainers excelling in their field. I hope to be a role model for upcoming students, like they are for me.



**Aaron Jackson**  
**Stony Brook**

When I found I was attending iLEAD, I was tad nervous because I did not know anyone going to the conference, but as soon as the conference began, I started connecting with other students from all across the nation.

Throughout the conference I grew to realize how important leadership is in society. It is very important that we have conferences like iLEAD so that emerging leaders like myself are able to meet other leaders and build our networks. One of my biggest takeaways from iLEAD was the importance of building your network. I had the opportunity to talk to Tory Lindley, NATA president, and he said these words ‘Who you know gets you in the door, but it’s what you know that allows you to build your legacy.’ These words really stuck with me and made realize that I still have a lot work to do if I want to be the best. For any students looking to attend iLEAD, I would highly suggest it. This conference not only allows you build your network but it allows you time to self-reflect and identify what your weak points are and turn them into strong points.



**Justin Unislawski**  
**Marist College**

The NATA iLEAD conference was an amazing experience for me personally and professionally. I was able to meet other athletic training students from schools around the country, certified athletic trainers from a multitude of

different settings, as well as NATA leadership! The ability to network and connect with other students and athletic trainers helped open my eyes to other opportunities, potential career paths, and even aided in my decision to pursue my D.A.T. at the University of Idaho. One of the biggest takeaways from the conference for me, was at the Joint Committee Meeting and being able to see the direction that the profession is headed for the future. It definitely inspired me to want to be a part of the growth, development, and advocacy for athletic training. After having the ability to connect with committee leaders I truly believe that simply getting involved is the best thing anybody can do. Personally, state and regional committees are something I want to pursue as I progress to be a young professional. I would strongly encourage any athletic training student to attend future iLEAD conferences. The conference is geared towards students as future leaders. There was a common theme that I began to notice quickly on the first day: take care of yourself before you can take care of and lead others. I am thankful for NYSATA allowing me the opportunity to attend an empowering and eye-opening conference.

New York State Young Professional ATs (<12 years of certification) are invited to participate in a resume exchange program for impartial feedback before the influx of summer job postings. Experience with resume editing is NOT required. Participants will also be provided with tip sheets on resume development and interview skills. For details and to submit your resume, please visit our [Google Form online](#). Submissions will be accepted through May 24. Please contact [Julia Drattell](#) with questions.



**Joseph Abraham Award**  
Meg Greiner, MS, ATC - Chair

*Congratulations to David Byrnes and Jarett Rhoads*



Left, presented to Dave Byrnes at Yorktown HS with Meg Greiner.  
Right, Jeff Sage, Jarett Rhoads at Eastridge HS, Chris Yartym and Chris Hobler

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## Secondary Schools

Jarett Rhoads, MSEd, ATC, CSCS - Chair

Greetings Secondary School Athletic Trainers!

I hope that your spring season has not been too wet and you have been able to get in some games. As we progress into 2019, the NYSATA Secondary School Committee would like to send a huge **thank you** for previously completing Athletic Training Locations and Services (ATLAS) Project Survey, a joint initiative of the Korey Stringer Institute, the NATA, and the NATA Secondary School Athletic Training Committee. More information about ATLAS can be found at the [KSI ATLAS Project](#), [NATA](#) and [NYSATA](#) websites.

So they can provide the most accurate data to your state leaders, they ask that the survey be taken **annually**. With ATLAS survey data for your school updated annually, they can continue to strive to accomplish the following goals:

- Create a real-time database of athletic training services in secondary schools.
- Create a directory for each state's athletic training association and high school athletics association.
- Assist states in moving toward full-time athletic training services.
- Provide useful data to each state's athletic training association and high school athletic association.
- Identify common factors associated with increased athletic training services across the country.

### What they are asking:

- If you have **not taken** or **re-taken** the [ATLAS Survey](#) in the last year, they ask that **all ATs** at your school complete it.
- If you are not sure your status, you can check "Schools Who Need To Re-Take Survey" and "Schools Who Need To Take Surevy" on [NYSATA ATLAS website](#).
- If you have changed schools, please email them to remove you from your old school and fill out the survey for your new school.
- If you no longer work at a high school, please email them to remove you and in the email please indicate if you know if that school still has AT services and the name or contact of the new AT.

### KSI will help you!

KSI has worked closely with the New York State Athletic Trainers' Association to ensure they have accurate information regarding our athletic trainers. This information is a tremendous step towards creating awareness about the importance of ATs, assisting with legislative initiatives, and making positive change to protect high school athletes.

### Did you know that concussion management at the secondary school level in new yorks state has changed?

- Before the start of this school year, the New York State Education Department (NYSED) amended the Concussion Management Protocol for athletes at the secondary school level. It became evident to me, recently, that not everyone was aware of this change.
- If you were not aware of the change and need to update your Concussion Management Protocol, more information can be found here: [Guidelines For Concussion Management In Schools: 2018](#)

I would be happy to assist you or answer any questions you may have. Feel free to [contact me](#).

### Congratulations!

Aimee Brunelle from Colonie HS in Albany is the 2019 recipient of both the NYSATA Secondary School Athletic Trainer Grant and the Michael S. Goldenberg Grant from NATA District 2. Congratulations Aimee!

As always, if there is any way I can be of assistance to my fellow Secondary School Athletic Trainers, do not hesitate to [contact me](#).

# HSS

# Sports Safety

Mark Your Calendars!

## HSS Sports Safety Educator (HSS-SSE) Certification Course for ATs and PTs

October 13, 2019

Hospital for Special Surgery | New York City

### Sports are fun. Injuries aren't.

HSS has set the standard for ACL injury education and we want to share our knowledge with you. Learn how to help athletes avoid ACL injury as a certified HSS Sports Safety Educator.

Email [sportssafety@hss.edu](mailto:sportssafety@hss.edu) to be notified when registration opens. For more information, visit [hss.edu/sports-safety](https://hss.edu/sports-safety).



## Public Relations Committee

Michael Cendoma, MS, ATC and Douglas Sawyer, MS, ATC  
Co-Chairs

National Athletic Training Month is just over a month behind us now, but it is far from forgotten. ATs across the state and country were very active in promoting our profession. One of the biggest highlights was Stony Brook leading the annual invasion of NYC and their takeover of the audiences at the Today Show, and Good Morning America. They brought with them a large contingent of college ATEPs, athletic trainers, and student athletic trainers. They did a fantastic job of representing our profession

and help to promote us across the country. Former NATA D2 Director Michael Goldenberg even challenged a student to a [push up contest](#) on the Good Morning America stage and won! He also demonstrated some of his patented dance moves for them.

Our annual ATEP video contest had five wonderful entries this year. In an almost dead heat, Stony Brook University pulled out the win, with Ithaca College taking second, Dominican College in third, Daemen College in fourth, and The College at Brockport in fifth. Videos can still be viewed on the [NYSATA NATM webpage](#).

Our social media contest did not have quite the impact it has had in past years, but there were still some very good submissions. Our lucky winners of the AED sized Foobags, donated by Craig LoNigro, were John Eaton, and Megan Chura. Thank you to all who participated!

If you have any NATM events or happenings that you would still like to share with us, we would love to [hear from you](#). Check our next newsletter in August for information about our annual NYS Athletic Training Recognition Week!





## NYSATA Account Balance

David J. Byrnes, MS, ATC - Treasurer

(as of April 12, 2019)

<b>MUTUAL FUNDS/ ETFs</b>	<b>Market Value</b>	<b>Quantity Held</b>
Vanguard Index ETF	\$10,953.75	125.00
Vanguard Short Term ETF	\$14,625.00	300
Alerian MLP ETF	\$8,911.95	885
Blackrock Credit Strategies	\$12,401.96	1225.49
SPDR Doubleline Tactical ETF	\$9,622.00	200
<b>U.S. COMMON STOCK</b>	<b>Market Value</b>	<b>Quantity Held</b>
Dominion Resources	\$16,786.00	220
AT&T Inc	\$16,905.00	525
Ares Capital	\$13,880.00	800
Pfizer	\$16,908.00	400
3M	\$10,676.50	50
Kellogg Company	\$8,029.00	140
Johnson & Johnson	\$8,112.60	60
Proctor & Gamble	\$15,712.50	150
Blackstone Group	\$6,974.00	200
<b>CORPORATE BONDS</b>	<b>Market Value</b>	<b>Quantity Held</b>
Arrow Electronics	\$12,369.48	
JP Morgan Chase	\$10,200.70	
Viacom	\$17,488.35	
Comcast	\$15,306.45	
Citigroup	\$9,978.60	
Catepillar	\$14,865.90	
Microsoft	\$9,955.20	
Dr Pepper Snapple	\$14,696.70	
<b>PREFERRED SECURITIES</b>	<b>Market Value</b>	<b>Quantity Held</b>
Bank Of America	\$13,328.00	700
MetLife Floater Callable	\$16,422.00	700
<b>Wells Fargo Deposit Account (Investment)</b>	\$8,006.09	
<b>Checking Account</b>	\$104,067.97	
<b>Account Total</b>	<b>\$417,183.70</b>	

**NEW YORK STATE**  
**NYSATA**  
**ATHLETIC TRAINERS' ASSOCIATION**

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**Committee Chairs**

**Awards**

Deanna Errico, PT, DPT, ATC  
 Utica College

**College and University**

Shawn McNamara, ATC  
 Long Island University at Post

**Conference and Program**

Aimee Brunelle, MS, ATC, EMT  
 Colonie Central High School

**Ethnic Diversity Advisory**

LaTonja Lee, ATC  
 Molloy College

**Fundraising**

Said Hamdan, MS, ATC  
 National Basketball Association

**Governmental Affairs**

Aimee Brunelle, MS, ATC, EMT  
 Colonie Central High School  
 Deanna Errico, PT, DPT, ATC  
 Utica College

**Hall of Fame**

Andy Smith, MS, ATC  
 Canisius College

**History and Archives**

Matt Rawlins, MS, ATC, CSCS  
 University of Rochester Medical Center-  
 Sports Medicine  
 Certified Athletic Trainer,  
 Aquinas Institute

**Joseph Abraham Award**

Meg Greiner, MS, ATC  
 Hendrick Hudson High School

**Membership and Nominations**

Courtney Civitano, MS, ATC  
 Long Island University at Brooklyn

**Newsletter**

Douglas Sawyer, MS, ATC

**Public Relations**

Michael Cendoma, MS, ATC  
 Sports Medicine Concepts  
 Douglas Sawyer, MS, ATC

**Reimbursement Committee**

Susan Geisler, MA, ATC, PT  
 Cornell Physical Therapy  
 Department of Gannett  
 Health Services

**Research/Injury**

Tracye Rawls-Martin, MS, ATC  
 Long Island University at Brooklyn

**Scholarships**

Jim Case, ATC  
 Cornell University

**Secondary School**

Jarett Rhoads, MSED, ATC, CSCS  
 Eastridge High School

**Social Media**

Jennifer Petruzzo, MS, ATC, CSCS  
 Cornell University

**Website**

Erin Thornton, MS, ATC  
 Canisius College

**The NYSATA Newsletter**

This electronic newsletter is published quarterly by the New York State Athletic Trainers' Association Newsletter Committee to the NYSATA member. For information contained in this newsletter or to submit articles/ideas, please contact the NYSATA Newsletter Committee Chair: [Douglas Sawyer](#).

Production and Design by: [SJ Creative](#)

**YOUR OWN**  
**AT RISK**

**Got NPI#?**

If you do, then thank you! If not, why not? It is free, quick, and easy to do. It helps to show that you and rest of our profession are legitimate medical providers. You can only benefit from getting it, there are no negatives. For more information on getting your NPI# or to apply, go to the [NATA website](#).



## Regional Reps



**Region 1 LI**  
*Nassau, Suffolk*  
**James Pierre-Glaude, DPT, ATC, CSCS**  
 Stony Brook University

**Region 5**  
*Chemung, Tioga, Broome, Oswego, Cayuga, Seneca, Oneida, Cortland, Onondaga, Madison, Tompkins, Schuyler*  
**Courtney Gray, ATC**  
 Ithaca College

**Region 1 NYC**  
*Richmond, Kings, Queens, Bronx, New York*  
**Nicole Hovey, MS, ATC**  
 Saint Ann's School

**Region 6**  
*Livingston, Ontario, Monroe, Yates, Stueben, Wayne*  
**Christopher Yartym, MS, ATC**  
 Alfred University

**Region 2**  
*Westchester, Rockland, Putnam, Sullivan, Orange, Dutchess, Ulster*  
**Michael Mirabella, MS, ATC, CSCS**  
 White Plains High School

**Region 7**  
*Orleans, Cattaraugus, Genesee, Wyoming, Erie, Niagara, Allegany, Chautauqua*  
**Erik M. Barkley, MS, ATC, PES**  
 The State University of New York at Fredonia

**Region 3**  
*Montgomery, Delaware, Fulton, Greene, Otsego, Saratoga, Albany, Rensslear, Schenectady, Columbia, Washington, Schoharie, Herkimer*  
**Carla Pasquarelli, ATC**  
 St Mary's Healthcare

**Region 4**  
*Jefferson, Lewis, St. Lawrence, Franklin, Hamilton, Clinton, Essex, Warren*  
**Christine Scuderi, MEd, ATC**  
 State University of New York at Canton

## Regional Reports



Region 1 LI  
**James Pierre-Glaude, DPT, ATC, CSCS**

### Hofstra University

Hofstra University was busy with NATM. We hosted a successful alumni gathering on March 8. Councilwoman and HUAT Alum, Michaëlle Solanges presented Program Director, Jayne Ellinger and Clinical Education Coordinator, Kristin LoNigro with citations for achievement within and advancement in the profession of Athletic Training. *(Pictured right: Kristin LoNigro, Councilwoman Michaëlle Solanges and Jayne Ellinger)*

The Hofstra Athletic Training Club (HATS) participated in NATM in NYC and the Hofstra Honors College Fair for admitted students. *(Pictured below left Hofstra NATM in NYC and right Senior Students Kristen Immoor and Nicole Chaplik)*

Continued ...







Stony Brook NATM in NYC

HATS hosted the second annual injury prevention and recognition fair for the Hofstra Club Sports. Students participated in the Interdisciplinary film competition, part of National Public Health week and won!

The seniors ATS participated in the Interprofessional Education (IPE) Case with 9 Health profession programs from Hofstra University and St. John’s University Pharmacology Program. *(Pictured below Lynmarie Taormina, Jennifer Lopez-Ramirez and Brianna Sparano.)*



Congrats to the upcoming May graduates, as well as largest cohort and newly certified Alum 2018, Adam Hymowitz who works at Winthrop University Hospital.

Save the date for Hofstra Athletic Training Program Seminar/ Workshop “Where do we go from here, updating to the 2020 standards” July 25, Northwell Hofstra School of Medicine. More information to follow or [email Kristin LoNigro](#). BOC CEUs available.

Hofstra Alumni Social was on March 8. The Athletic Training Club sponsored an alumni social where we had an amazing turnout with about 50 alumni and past staff members. *(Pictured below.)*



**Stony Brook University**

Stony Brook University, through the School of Health Technology and Management/Renaissance School of Medicine, is excited



to announce a Master of Science degree in Athletic Training, with its first cohort arriving in the summer of 2019. For more information go to [SBU MSAT online](#).

The Stony Brook University Athletic Training Program, Stony Brook Orthopaedic Associates/Division of Sports Medicine and Stony Brook Medicine will be hosting the 9<sup>th</sup> Annual Sports Medicine Update 2019, “Accelerated Return”, on Friday, May 31, 2019 at the Wang Center on campus. This course is designed to cover the most current evidence-based practice while discussing various clinical cases in sports medicine today. It will cover research regarding upper and lower extremity injuries as well as concussions. The target audience consists of Physicians, Physician Assistants, Athletic Trainers, Physical Therapists and all of those involved in the care of athletes. This program is eligible for a maximum of 6 EBP Category hours/CEUs. [Register online](#).

Once again, congratulations to Lauren Stephenson, ATC for spearheading the Athletic Training convergence on NYC once again this year, as she has done for the past 7 years. Discounting the weather, it was a great day!



Region 1 NYC  
Nicole Hovey, MS, ATC

On March 1<sup>st</sup> I had the pleasure of joining Stony Brook University, Montclair State University, Hofstra University and Seaton Hall University at Good Morning America and the Today show to kick off NATA Month. It was my first time being

able to attend this event and it was wonderful. The students from these schools were energetic, creative with their signs supporting NATA Month and despite the cold damp weather, were extremely nice, professional, and represented our profession well. After our cold morning, we warmed up at the wonderful Ellen’s Stardust Diner where all the staff, and our wonderful waiter Zach entertained us. We had a filling breakfast and I encourage everyone to take part in this event. It is something that supports and promotes our profession, and we all had a wonderful time, made new friends, connected with old friends, and got some great pictures!

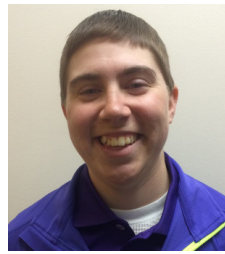




In November I was asked by Tiffany Robin, Program Coordinator Brooklyn-Queens-Long Island Area Health Education, to speak at the Medical Academy of Science and Health (MASH, pictured below) Camp about the career of athletic training. She thought that being the NYSATA NYC Region 1 rep and the Athletic Trainer at Saint Ann's School, a secondary school, would be something in which the students would be interested. The MASH Camp was created to boost adolescents' interest in health careers and build essential skills common to all health careers. Motivated students in grades 9 through 12 are engaged in various activities such as CPR, First Aid, Infection Control, dissection, hospitals tours, universities tour, and lectures from healthcare professionals, etc. This school is in the crown heights area of Brooklyn and the students there are looking for an opportunity to meet and find their place in the medical field. I asked one of my former student athletes, Lynson Willis, ATC, CES, Associate Head Athletic Trainer at St. Francis College, to go with me and share his experience as an AT. We set a date of March 21 so we could also help promote NATM. Lynson and I spoke about where we came from, how we got involved in Athletic Training, our struggles to get where we are, and gave the students a chance to see some of our equipment that we use, ask questions and demonstrate the first steps in an evaluation of an injury. The students learned right away that we are a medical profession that works in conjunction with a physician and a whole team of medical professionals to help the physically active populations. They seemed to be impressed with how we overcame our obstacles to go to college and get our certifications and seemed to enjoy what we spoke about. I hope I will get this opportunity again to share experiences with kids who might not have known about Athletic Trainers and let them know that nothing should ever stop them from reaching and fulfilling their dreams.

#### Harkness Center for Dance Injuries

We are hosting a live course, Principles of Dance Medicine: Clinical Management of the Dancer Patient with a feature on Figure Skating July 18-20, 2019. The complete agenda, which includes a special presentation on figure skating, is [now online](#).



Region 3

[Carla Pasquarelli, ATC](#)

Lou Rende, MS, ATC, is being inducted in the Burnt Hills Athletic Hall of Fame on June 8, 2019.



Region 5

[Courtney Gray, ATC](#)

#### **Clarkson University**

Clarkson University is holding an M2-ADVANCED TRAINING June 8-9 on campus. Training will run on Saturday 8:00am – 5:30pm and Sunday 7:30am – 1:30pm. Please [register online](#). Use Promo Code: BACain.

For questions please contact [Miriam Rosenthal](#).

#### **Ithaca College**

*Paul Geisler to Receive NATA Most Distinguished Athletic Training Award*

Professor and Director of AT Education, Dr. Paul R. Geisler, EdD, ATC was recently notified by the National Athletic Trainers' Association (NATA) that he is a recipient of a 2019 *Most Distinguished Athletic Trainer Award*. The NATA's *Most Distinguished Athletic Trainer Award* (MDAT) recognizes NATA members who have demonstrated exceptional commitment to leadership, volunteer service, advocacy and distinguished professional activities as an athletic trainer at the national and district level for a sustained period of time. Dr. Geisler will receive this peer nominated and selected award in June, at the 2019 NATA Annual Meeting and Clinical Symposium, to be held in Las Vegas, NV.

*Katelyn Dolan to Receive Bobby Gunn Leadership Award*

Senior AT Major, Katelyn Dolan will have her trip to the 2019







*Bobby Gunn Leadership Award Winner  
Katelyn Dolan*

NATA Annual Convention in Las Vegas, NV paid for by the National Athletic Trainers' Association. Due to her incredible leadership and professional accomplishments as an undergraduate association member, Katie is being awarded the Bobby Gunn Student Leadership Award, the only winner from District 2 of the NATA. The NATA's Bobby Gunn Student Leadership Award was created to recognize one of the true pioneers in athletic training and the instrumental role he has played in the profession. It provides a deserving student from each district assistance to attend NATA's annual convention.

*Athletic Training Majors win Research Awards at Academic Conference*

Three senior AT majors were recognized with a research award at the Ithaca College James J Whalen Academic Symposium held on April 3. Anthony Cosby and Faculty Sponsor Dr. Jennifer McKeon were recognized for their presentation: *Native Language May Affect Performance on the King-Devick Test, but not the ImPACT*. Katherine McCall, Vanessa Brown and Faculty Sponsor Dr. Jennifer McKeon were recognized for their poster presentation: *Early Sport Specialization is Associated with Increased Chance of Injury*.

*Patrick McKeon Speaks at Sports Medicine Conference in France*  
Associate Professor and Clinical Education Coordinator for the Athletic Training Education Program, Dr. Patrick O. McKeon, PhD, ATC, CSCS, was an invited guest at the large sports medicine conference in Montpelier, France this Spring. Dr. McKeon presented multiple workshops and lectures on the evidence and science behind the "common ankle sprain", as well as various techniques for preventing and treating the common malady in sport in order to prevent long term dysfunction and injury to damaged joints.

*IT Carlow Students spend the Spring Semester at IC*  
Ithaca College hosted its fifth set of students from IT Carlow as part of their exchange program. Niall Donohue and Darragh Nash, (pictured right) both from County Galway, senior ARTI majors at IT Carlow, have spent the Spring semester taking AT courses at IC, as well as gaining clinical experience in the AT clinic during the day, and working directly with the men's lacrosse and baseball teams.



Region 7

**Erik M. Barkley, MS, ATC, PES**

**Niagara Falls Memorial Medical Center**  
Niagra Edge 5k, Sunday May 19, 2019. Proceeds to benefit NFMMC Athletic Training, Physical & Occupational Therapy, and Dietician Programs, along with the UBMD Orthopedics & Sports Medicine Concussion Clinic. [Registration](#) includes Dri-Fit shirt, free food and drinks.

**NATA 2019 Capitol Hill Day**

Pictured below, NYSATA President Jeff Sage and Region 7 Representative Erik Barkley attended the NATA's yearly advocacy event.

More than 200 meetings with legislators and their staff took place throughout the day to discuss S.680, PHIT Act, as well advocating for ATs in regards to the Department of Defense Appropriations Act.

The meetings offered attendees the opportunity to talk one-on-one with members of congress and their staff, educating them on the athletic training profession and issues important to our members.



*Canisius College*  
Canisius College recently inducted Pete Koehneke into its Athletic Hall Of Fame.

Mike Ziemer, MS,ATC , Assistant Athletic Trainer at Canisius College, was honored as a NATA Life Saver. Mike's quick actions and treatment on a Canisius Ice Hockey player who suffered a severe and potentially life-threatening neck laceration were recognized. The event in early January in a game against the University of North Dakota was chronicled in the College Hockey News.



NYS PUBLIC HIGH SCHOOL ATHLETIC ASSOCIATION



Section Eight Athletic Trainers Society (SEATS)  
 Paul Zlatniski, ATC  
 SEATS Vice-President

Dear Colleagues,  
 We hope that our fellow Athletic Trainers across

NYS had a productive NATM. On April 27, SEATS will partake in the LA12 Louis Acompora Memorial Lacrosse Tournament. Our organization, along with the Suffolk County Athletic Trainers' Association, SCATA, will be providing Certified Athletic Trainers for this event. This is the first joint effort by the two organizations.

On behalf of SEATS, I would like to extend a huge thank you to Julie Drattell and School Health reps Greg Evans and Karen Mundorff for putting together the Young Professional AT meet and greet at Croxleys in Farmingdale NY. And, while some of us may not have been so young, I was personally encouraged by the bright, young faces who attended and by the outlook for our profession.



Daemen College

Daemen College celebrated National Athletic Training Month with AT-themed posters and signage outside the Daemen AT Facility as well as at the entrance to Lumsden Gymnasium for home basketball and men's volleyball games in March. PSAs regarding NATM and recognizing our AT staff were used throughout all of March at home games. (Pictured above and below.)

